



BARRY UNIVERSITY

QUARANTINE AND ISOLATION PROTOCOL POLICY

Approved by:	Healthcare Planning Task Force Student Life Task Force President's Cabinet
Date of Approval:	July 9, 2020
Policy Effective Date:	July 20, 2020; Updated September 3, 2020
Revised:	September 3, 2020
Related Policies:	
Additional References:	

I. PURPOSE

The purpose of the protocol is to establish safety guidelines for students, faculty and staff who 1) experience symptoms associated with COVID -19, 2) test positive for COVID-19, 3) are awaiting results from a viral PCR test, or 4) have returned from domestic or international travel locations. Quarantine requirements will depend on state and local mandates. . This protocol will also differentiate between quarantine and isolation procedures.

Barry University will follow the CDC recommendations included in the *Institutions of Higher Education (IHE) Decision Tree* from the Interim Guidance for Administrators of U.S. Institutions of Higher Education.

II. DEFINITIONS

- a. **Quarantine**: Remain in residence/home with limited in-person contact with others. This keeps someone who might have been exposed to COVID-19 physically away from others. Quarantine is an effective intervention that helps prevent the spread of an infectious disease. It may be self-imposed or mandated by Student Health Services (SHS), the Department of Human Resources (HR), a health care practitioner or the Department of Health.¹
- b. **Isolation**: physically separating from others because when infected with a highly infectious disease like the COVID-19 virus, whether symptomatic or not. Isolation is an effective intervention that helps prevent the spread of an infectious disease. It may be self-imposed or mandated by Student Health Services (SHS), the Department of Human Resources, a health care practitioner, or the Department of Health.¹

III. PROCEDURE

A. Students, faculty or staff who return from domestic, international or cruise ship travel

- Passengers who return from international or domestic locations depending on state and local mandates may be required to stay home for 14 days, monitor their health, and practice physical distancing. Faculty and staff travelers will need to consult with the Department of Human Resources regarding requirements. Student will need to consult with the Student Health Services regarding requirements. This includes not engaging in in-person work or school.²⁻³

B. Students who reside off campus (“Commuter Students”) and experience symptoms of COVID-19 or test positive

- Commuter students who experience symptoms (per the Barry University Daily Symptom Self-Check) must self-isolate from others, and complete the [COVID-19 Initial Notification Form](#). They must refrain from accessing any Barry University location with the exception of Health Services for testing.
- SHS may arrange for a telehealth assessment, a referral for COVID-19 testing, or schedule an appointment for COVID 19 testing at SHS. The student may also make an appointment with their personal health care professional.
- Individuals who experience symptoms or test positive, particularly those at high risk for complications, should follow the advice of the health care professional assessing them. Additional resources are available at the CDC Website ([If you are sick](#))
- Students in isolation may engage in course work through remote options. If the student is too ill to participate in classes remotely, the student must notify their instructor/faculty as soon as possible. If additional assistance is required the student may contact the Dean of Students at deanofstudents@barry.edu. Students participating in clinical or field placement should notify their Program Director.
- Upon the request of the student, SHS will send notification of a communicable disease to the student’s instructor/faculty. There will not be a diagnosis on the notification.
- Faculty may not discuss the student’s diagnosis or condition with any other student. Notification will be sent by HR or SHS to anyone in the Barry community who is determined to be at risk after contact tracing is completed.
- The faculty may need to discuss this with another faculty member or staff member if it impacts activities such as experiential or clinical education activities or program progression.

- Isolation may be ended after 3 days with no fever (and no need for fever-reducing medication such as acetaminophen), all respiratory symptoms have improved, and at least 10 days have passed since symptoms first appeared. In some situations, a health care professional may require re-testing before an individual may end isolation.⁴
- Individuals who tested positive for COVID-19 but never experienced symptoms may end isolation upon the direction of their health care provider. This may require two negative test results in a row, at least 24 hours apart, or at least 10 days have passed since initial testing.⁵

C. Faculty and Staff who experience symptoms of COVID-19

- Faculty and staff who experience symptoms (per the Barry University Daily Symptom Self-Check) must refrain from accessing any Barry University location, must self-isolate from others, complete the [COVID-19 Initial Notification Form](#) and should contact their personal health care professional.
- Upon receipt of the COVID-19 Initial Notification Form, Human Resources will contact the employee as soon as possible for contact tracing purposes and provide guidance about work activities. In collaboration with the employee's supervisor, the option for engaging in remote work may be granted. Notification will be sent by HR or SHS to anyone in the Barry community who is determined to be at risk after contact tracing is completed.
- The faculty or staff member may contact their personal health care professional or Health Services at (305) 899-3750 to schedule a test for COVID-19. Benefit eligible faculty and staff may utilize Teledoc services to access telemedicine through video consultation, 24 hours a day 7 days a week. To register please visit www.teladoc.com.
- Individuals who experience symptoms or test positive, particularly those at high risk for complications, should follow the advice of their health care professional. Additional resources are available at the CDC Website ([If you are sick](#))
- Isolation may be ended after 3 days with no fever (and no need for fever-reducing medications like acetaminophen or ibuprofen), all respiratory symptoms have improved, and at least 10 days have passed since symptoms first appeared. In some situations, a health care professional may require re-testing before an individual may end isolation.⁴
- Individuals who tested positive for COVID-19 but never experienced symptoms may end isolation upon the direction of their health care provider. This may require two negative test results in a row, at least 24 hours apart, or at least 10 days have passed since initial testing.⁵

D. Students and staff who live on campus (“Residential Students and Staff”) and experience symptoms of COVID-19

- Residential students and staff who experience symptoms (per the Barry University Daily Symptom Self-Check) must remain in their assigned space, isolate from others, and complete the [COVID-19 Initial Notification Form](#). SHS may arrange for a telehealth assessment and an appointment for COVID-19 testing at SHS, or a referral to the student’s or staff’s personal health care professional.
- Students in isolation will receive additional instructions about physical distancing, meals, and accessing health care services by the Assistant Dean of Students/Director of Housing and Residence Life and the Director of Student Health Services.
- Students in isolation may engage in coursework through remote options. If the student is too ill to participate in classes remotely, the student shall notify their instructor/faculty as soon as possible. If additional assistance is required the student may contact the Dean of Students at deanofstudents@barry.edu. Students participating in clinical or field placement should notify their Program Director.
- Upon the request of the student, SHS will send a notification of a communicable disease to the student’s faculty. There will not be a diagnosis on the notification.
- Faculty may not discuss the student’s diagnosis or condition with any other student. Notification will be sent by HR or SHS to anyone in the Barry community who is determined to be at risk after contact tracing is completed.
- The faculty may need to discuss this with another faculty member or staff member if it impacts activities such as experiential or clinical education activities or program progression.
- Isolation may be ended at the direction of the Director of Student Health Services. In most cases, this occurs after 3 days with no fever (and no need for fever-reducing medications like acetaminophen or ibuprofen), all respiratory symptoms have improved, and at least 10 days have passed since symptoms first appeared. In some situations, re-testing may be required.⁴⁻⁵

E. Students, faculty and staff who have recently had a close contact with a person with COVID-19

- Close contact occurs if an individual has been within 6 feet of someone with COVID-19 for more 15 minutes.⁷ It may occur while driving, caring for, living with, visiting, or sharing a common space. Close contact can also occur if an individual has direct contact with the infectious sections (saliva, mucous) of someone with COVID-19. This can occur during such activities as sneezing, coughing, kissing, singing, yelling or sharing utensils.

- Contact would also be determined by the proximity of someone with COVID 19 with others which would be greater than 6 feet for 30 minutes or more.⁷ (Classrooms, fitness centers, sporting event, cafeteria, etc.).
- Commuter students, faculty and staff who have had close contact with someone with COVID-19 should:
 - Monitor their health twice daily (use the Barry University Daily Symptom Self-Checker)
 - **Stay home (“quarantine”)** until 14 days after your **last exposure**
 - Avoid visitors or visiting others, and stay away from people who are at high risk for complications from COVID-19.⁶
- Residential students and staff who have had exposure or close contact to someone with COVID-19 should:
 - Monitor their health twice daily (use the Barry University Daily Symptom Self-Checker),
 - Minimize use of common spaces, avoid social gatherings, avoid visitors or visiting others
 - **Stay in their assigned space (“quarantine”)** until 14 days after your **last exposure**.⁷ Be particularly aware of avoiding contact with other residential students and staff who are at high risk for complications from COVID-19.⁶
- Quarantined residential students and staff will be guided by the Assistant Dean of Students/Director of Housing & Residence Life, and Director of Student Health Services regarding meals, accessing health care services, and when to end quarantine. A self-care kit will be provided with starter medical supplies. A nurse from SHS will check on the student daily. Counseling services will be available via the telehealth platform.
- Students in quarantine are expected to engage in coursework through remote options.
- Faculty and staff in quarantine will need to collaborate with their supervisor and Human Resources regarding options for engaging in work remotely.
- Any students, faculty or staff who begins to experience symptoms of COVID-19 should immediately follow Sections B, C, or D above.

F. Compliance

Failure to comply with this Quarantine and Isolation Protocol Policy may subject faculty or staff to disciplinary action up to and including termination under the Progressive Discipline Policy and/or Faculty Handbook. Failure to comply with this Quarantine and Isolation Protocol Policy may subject a student to disciplinary action as described in the University’s Student Handbook.

IV. ADMINISTRATIVE GUIDELINES FOR PLACING A RESIDENTIAL STUDENT IN ISOLATION OR QUARANTINE

The Department of Housing and Residence Life shall collaborate with Student Health Services to determine appropriate spaces to be used for isolation. Accommodations for isolation should consist of spaces that are not used by non-isolation and non-quarantined individuals.

- Two students who both test positive for COVID-19 may share a living space and bathroom.
- Quarantined students may share living spaces and bathrooms depending upon the availability of quarantine and isolation spaces.
- If a quarantined roommate/suitemate tests positive and/or develops symptoms, the quarantine period for the non-diagnosed individual will be extended for an additional 14 days and the symptomatic individual will be isolated for minimum 10 days per the isolation protocol.
- If necessary, students in quarantine may be placed in a University-contracted hotel room. All meal and health care services will be coordinated by Barry University.
- If there is a need for a nurse to perform a face to face visit, they will be donned in full Personal Protective Equipment (PPE). Housing and Residence Life staff **should not** enter the room unless they have the proper PPE. (i.e., Gown, Shield, N95 mask, gloves, etc.). ***They should only enter in the event of an emergency.*** PPE must be removed at the doorway prior to leaving the room. Hands must be washed immediately and a new face covering put on.
- After each quarantine or isolation, residential quarters will undergo extensive sanitization and cleaning.

References:

1. CDC Quarantine and Isolation, retrieved June 29, 2020 from: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html>
2. CDC Returning from international travel, retrieved June 29, 2020 from: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>
3. Consideration for Travelers –Corona virus in the US <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>
4. CDC When you can be around others after you had or likely has covid-19, retrieved June 29, 2020 from: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>
5. CDC Ending home isolation, retrieved June 29, 2020 from: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html>
6. CDC Quarantine and Isolation, retrieved June 29, 2020 from: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html>