



ANESTHESIA CIRCUIT

cir·cuit (sər-kət) *n.* a two-way communication path between points.



**Alumni Newsletter of the
Anesthesiology Program
at Barry University
December 2011
Volume 1, Issue 2**



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FROM THE DIRECTOR'S DESK

The second issue of the *Anesthesia Circuit* comes to you with warm greetings from all of us in the Anesthesiology Program during this season of thanks and giving.

We are thankful for your positive feedback following the release of our first issue of the *Anesthesia Circuit* newsletter in July. Your thumbs-up reaction has encouraged us to publish this second edition.

We also thank you for your financial contributions as your gifts help us and the University maintain high educational standards in nurse anesthesia education. Your monetary donations have allowed several students to attend the AANA annual meeting in Boston this summer and the FANA meeting in Orlando in October. In this same spirit of giving, the Anesthesiology faculty also contributed resources for the betterment of our program. Last September, for example, we provided an Interactive Clinical Preceptor workshop to 28 clinical coordinators in Orlando. In addition, Dr. Debbie Malina, one of Barry's graduates (1997) and a current faculty member, started her presidency of AANA last August – her way of giving back to an organization that has done so much for her over the years.

CRNA education is now available at 111 COA-accredited institutions nationwide. Students have more options than ever to select a training program and we must remain competitive in our efforts to attract the best and most promising individuals.



We thank you for continuing to refer individuals who will meet the challenges and rigors of our unique science-based program. Your assistance with this important endeavor is more crucial than ever to the success of our program.

With much appreciation for everything that you do for us!

Tony Umadhay, PhD, CRNA

P.S. Please continue to keep us informed of your personal and professional accomplishments. We will be happy to post your announcements in future editions of the *Anesthesia Circuit*. For this purpose, you will find a special form on the following webpage: www.barry.edu/anesthesiology/Alumni/Default.aspx.

DEAR JOHN

Q. There have been a lot of questions surrounding the proposed CPC program recently released by the NBCRNA. What are your thoughts regarding this issue?

Ryan Ebdrup, MS, CRNA (Class of 2008), Tampa General Hospital, Tampa, FL



Dear Ryan,

I will try to address some of the more common questions sent to me over the past few months.

1. Why did the AANA allow this to happen? The AANA really did not allow this to “happen.” The AANA is not authorized to carry out the credentialing functions for CRNAs. For those of you who sat through my “Professional Aspects of Nurse Anesthesia” class, you probably remember that in addition to the AANA there are a few separate, independent, and autonomous councils that make up our profession. Pressure from external forces back in the 1970s led the AANA to separate the credentialing function of our profession from the membership association through the creation of two of these councils — the Council on Certification of Nurse Anesthetists and the Council on Recertification of Nurse Anesthetists. In 2007, these two Councils determined it would be best from an administrative perspective to be housed under one “board” known as the National Board of Certification and Recertification of Nurse Anesthetists (NBCRNA). The AANA does not have the legal authority to approve or disapprove of the NBCRNA’s operations.

2. What is the AANA doing for those of us who are not happy with the changes in the CPC proposal? The AANA is making sure that the NBCRNA hears the questions and comments of all those who have responded to the CPC proposal. The AANA Board has received messages of support and disapproval about the proposal. The Board has forwarded all of these messages to the NBCRNA. The AANA has also analyzed the responses from our members and continues to meet with the NBCRNA to ask questions and provide ideas and comments on behalf of the members.

3. Who makes up the NBCRNA? The Board is made up of CRNAs — clinicians and educators, with both bachelor degrees and doctoral degrees — and representatives from our communities of interest — the public, an anesthesiologist, and a surgeon. Each year, the NBCRNA accepts applications from CRNAs who are interested in serving on the Board. (http://www.nbcrna.com/index.php?option=com_content&view=article&id=50&Itemid=53).

4. I have heard it said that the “public” is expecting a more rigorous re-credentialing process for healthcare practitioners. None of my patients have ever

commented on my credentials. Who are you talking about? The “public” is a broad term. Yes, the “public” includes our patients. In this context, it also includes other groups who have a vested interest in the credentialing of healthcare practitioners such as legislators and policy makers, third party payers (such as insurance companies), and accrediting bodies.

5. If the proposal goes through as it is currently constructed, when will the first exam be administered? Based on the timeline provided by the NBCRNA, the first recertification examination would be administered in 2023.

6. What will we be expected to know? I don’t provide anesthesia for OB or pediatric patients anymore. The NBCRNA has identified four focal areas that apply to all nurse anesthetists, regardless of our practice setting. They include the following: airway management techniques, applied clinical pharmacology, anesthesia technology and human physiology and pathophysiology.

Additional information is available from the NBCRNA website at: http://www.nbcrna.com/index.php?option=com_content&view=article&id=45&Itemid=28

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VITAL SIGNS

ANESTHESIOLOGY STUDENTS SERVE MEALS AND RAISE MONEY FOR THE HOMELESS



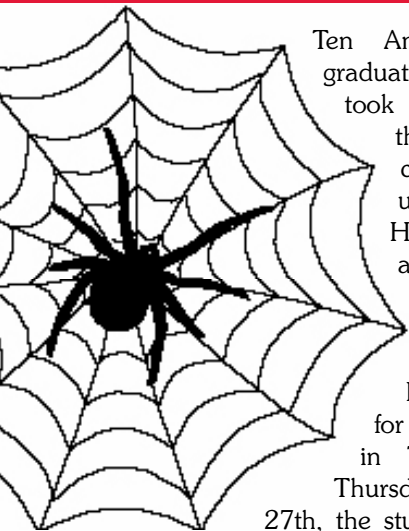
Graduate students Corey Gabric (class of 2013), Jennifer Anderson, Kimberly Hands, Mariya Kogan and Tanika Boxhill

(class of 2012) helped raise money and serve meals for the homeless in the *Breaking Bread, Breaking Barriers* community outreach program. "The students' participation really serves as a testament to Barry University's core commitments of social justice and collaborative service," said Dr. Tony Umadhay, who also joined the students on Sunday, November 13. *Breaking Bread,*

Breaking Barriers provide financial support for the food services program at the Broward Partnership for the Homeless

Inc. The organization is committed to reducing homelessness by promoting independence and self-worth through advocacy, housing and comprehensive services. This project also raises awareness to the increasing problem of homelessness in Broward County. The anesthesiology students raised \$500 to sponsor lunch for 200 men, women, and children at the Broward Partnership for the Homeless. The group also volunteered to prepare and serve lunch. Dr. Umadhay explained that for these homeless men and women, the simple act of finding a meal can be insurmountable. For many families and individuals, a communal meal serves as a source of healing and connecting with others.

ANESTHESIOLOGY STUDENTS GIVE BACK ON HALLOWEEN



Ten Anesthesiology graduate students took time out of their busy class schedules to make Halloween an enjoyable event for patients at Shriners Hospitals for Children in Tampa. On Thursday, October 27th, the students decorated the OR Department

to facilitate the hospital-wide *Trick or Treat* event. Additionally, they volunteered at the *Monster Mash Bash*, a party that enables patients who cannot participate in traditional Halloween neighborhood activities. Class of 2013 student, Israel Hernandez says, "It feels good to give back to the Tampa Bay community and see the smiles on the children's faces!" The students' involvement in this community service project is one of many anesthesiology program initiatives that embrace Barry

University's core commitments of inclusive community, social justice and collaborative service.



HEART BEAT

ANESTHESIOLOGY STUDENTS VOLUNTEER AT THE AMERICAN ASSOCIATION OF NURSE ANESTHETISTS (AANA) ANNUAL MEETING BLOOD DRIVE

On August 15, eight graduate student nurse anesthetists from Barry University volunteered to collect almost 50 units of life-saving blood during the AANA Annual Meeting Blood Drive in Boston, Massachusetts. The volunteers were Trisha Baldree, Eric Clark, Renetta Gibson, Stevie Maher, Chikako Okai, Jennifer Plebanski, Amanda Schmidgall and Lori Tolson. This community outreach project was organized by the AANA in partnership with the American Red Cross. The student volunteers

enthusiastically assisted more than 62 donors that signed-in for the drive. "This is a great opportunity for us to give generously of ourselves while attending the national conference," said Okai. The AANA Board of Directors, the American Red Cross and the individuals living in the Boston community who will benefit from the blood drive truly appreciated the students' volunteer efforts.



UPDATE ON THE DNP AT BARRY UNIVERSITY

In early November, Dr. Tony Umadhay received a letter from the Council on Accreditation of Nurse Anesthesia Educational Programs (COA) giving approval to Barry University to offer a doctoral degree program to CRNAs. In its approval letter, COA writes: COA directors found the program's response to be in compliance with the Standards and requirements contained in the COA's

policy and procedure for evaluating nurse anesthesia programs as authorized in its recognized scope of accreditation authority. The decision recognizes the program for providing a graduate level curriculum leading to the award of a Doctor of Nursing Practice degree for post master's degree CRNAs.

"We are very proud of this

accomplishment and look forward to preparing CRNAs who wish to pursue doctoral education at Barry," says Dr. Umadhay.

Should you wish to receive information on this program when it becomes available, please e-mail ane@mail.barry.edu and request to be placed on the DNP mailing list.

ANESTHESIA LANDMARKS



TRIVIA

1. **Who was the first Barry Anesthesiology Program director when the program started in 1992?**
2. **How old was the youngest and oldest student ever to graduate from Barry's Anesthesiology Program?**

(Answers are at the end of the newsletter.)

ALUMNI SPOTLIGHT



**DEBBIE MALINA,
CRNA, MBA, DNSC
(CLASS OF 1997)**

Birth place: Cleveland, Ohio

Where do you currently reside? Hollywood, Florida

In what year did you graduate? 1997

How long have you been a practicing CRNA? Over fourteen years

Describe your professional practice: I am currently the President of the American Association of Nurse Anesthetists (AANA). I also work full-time as an Assistant Professor of Anesthesiology at my alma mater, Barry University. The role of President of the AANA requires a significant time commitment and travel requirement. Essentially, I have two full-time jobs. When I have the opportunity, I continue to work clinically in a pediatric oncology setting.

Are you actively involved in the AANA or a state association of nurse anesthesia? Absolutely. It is essential to give back to the profession that has given me so much.

What is your favorite part of your job?

As a faculty member at Barry University – It is somewhat surreal to be back to the setting where my anesthesia career began. In fact, I often lecture in front of the classroom where I sat (near the back) as a student. It is great to experience the energy and enthusiasm the students generate. I am rewarded when I see the proverbial “a-ha! moment” on their faces. I am excited to be able to expand their educational experiences through new clinical enrichment sites, professional aspects instruction and exposure to research.

As President of AANA – I enjoy representing CRNAs to other organizations, regulatory agencies, government bodies, and other professionals. I relish meeting CRNAs from across the country and world. Having the opportunity to be a part of our vital association and influence the future of nurse anesthesia and our professional organization is very rewarding to me.

What particular trait or habit makes you an excellent



Above: Steve Clarke, Jay Horowitz, and David Hodge join Debbie at the 2011 FANA Annual Meeting.



Right: Daniel Olsen (2008) and Dr. John McFadden join Debbie at the 2011 AANA Annual Meeting.

CRNA? Just one? I am very organized, am able to prioritize, have tenacity – and lots of energy!

What is your most memorable moment as a CRNA? Standing in front of the AANA membership in Boston this past August and experiencing the realization of the dream that was planted as a seed during my education at Barry University – to someday become President of the AANA.

What do you enjoy doing during your time off from work? Right now – I have no time off!

AANA 2011 ANNUAL MEETING

MAKING MEMORIES & LASTING FRIENDSHIPS



Dr. Tony Umadhay with Class of 2010 Alumni Jenny Calixte, Jennifer Lund and Michelle Dellavalle



Class of 2012 Students Amanda Schmidgall, Natalie Gonzalez and Eric Clark



Rosann Spiegel and Don Slone (Class of 2005)



Class of 2012 Students Tanika Boxhill, Renetta Gibson, Jennifer Plebanski



Dr. Debbie Malina (AANA President) with Barry Faculty and Class of 2012 Students



Dr. John McFadden and Steve Clarke

FANA 2011 ANNUAL MEETING

FRIENDSHIPS



Class of 2012 Students Natalie Cardet and Jennifer Anderson



Jenny Calixte (Class of 2010) with Dr. Umadhay



Jen Jones (Class of 1997) with husband

HIGHLIGHTS



Faculty with current Barry Students



Dr. Ron Dick



Class of 2012 Student Deanna Dupont with Sheridan Group Representative Dennis Stevens



Obinna Onuoha (Class of 2012) and Brooke Suarez (Class of 2013)



Class of 2013 Students Kathleen Hughes and Erin Thilmony with Steve Clarke.



Rosann Spiegel

CLINICAL ROUNDS

CLINICAL PRECEPTORS' WORKSHOP IN ORLANDO



On Saturday, September 24th, twenty-eight Barry University CRNA clinical instructors representing multiple clinical sites participated in an interactive Clinical Preceptor's Workshop held in the Anesthesiology Classroom in Orlando, FL. The workshop was facilitated by Dr. Debbie Malina and Rosann Spiegel. Topics included Legal & Ethical Issues

in the Student Clinical Evaluation Process (Spiegel) and Human Factors & Crucial Conversation Techniques in Delivering Student Clinical Evaluations (Malina). Mr. Steve Clarke, Assistant Professor, also gave the attendees first-hand experiences in assisting student nurse anesthetists in their journey from a novice to an expert anesthesia provider

in his lecture titled CRNA as a Teacher. In the afternoon, the participants engaged in a series of group activities that involved problem solving and role playing of specific clinical scenarios with student/instructor interactions. "Every student encounter is an opportunity for us to positively influence our profession. As educators, we sincerely want our students to succeed," says Danelle Galt-McBean, Adjunct Assistant Professor.

"We all share a common thread. We are all committed to educating tomorrow's CRNA. Our clinical instructors need to have the essential tools to effectively assist our students' transition into the role of nurse anesthetist. This workshop is our way of providing them with these tools to become empowered clinical instructors," says Dr. Tony Umadhay.

CLASS OF 2013 BARRY ANESTHESIOLOGY STUDENTS ATTEND A DIFFICULT AIRWAY WORKSHOP

Anesthesiology graduate students attended the annual "Difficult Airway" workshop facilitated by nationally-renowned speaker Anthony Chipas, PhD, CRNA. This one-day workshop was held on October 15 (Tampa), October 16 (Orlando), and November 12 (South Florida). The workshop included a four-hour lecture focusing on airway anatomy, pathology, interventions and the ASA Difficult Airway Algorithm. Following lunch, a "Hands On" workshop allowed the students to use multiple devices designed to assist in the management and control of a challenging airway such as the Lightwand and fiberoptic scope. Simulated learning experiences allowed students to develop the skill set of performing retrograde intubations and cricothyrotomies.



CLASS OF 2012 BARRY ANESTHESIOLOGY STUDENTS ATTEND AN ULTRASOUND GUIDANCE IN ANESTHESIA PRACTICE WORKSHOP

Fifty-two Barry University Anesthesiology graduate students participated in the "Current Ultrasound Guidance for the Anesthesia Provider" workshop facilitated by Jonathan Kline, CRNA, MSNA, from Twin Oaks Anesthesia. The one-day workshop was held on two consecutive Sundays, August 21 and 28, at the Anesthesiology Classroom in Orlando.

The students learned essential principles, reviewed current literature and applied innovative techniques related to the use of ultrasound in anesthesia practice. The workshop also provided an opportunity for the student nurse anesthetists to identify anatomical structures relevant to ultrasound guidance, apply the science of ultrasound guidance for nerve blocks and vascular punctures, and perform hands-on scanning and ultrasound guided needle placement on live volunteers.

"In congruence with our on-going commitment to provide high-quality nurse anesthesia education, the ultrasound guidance workshop taught our nurse anesthesiology residents the basic knowledge and skills to apply the emerging and novel technology of sonography in anesthesia clinical practice," says Dr. Tony Umadhay.



COMMUNITY SERVICE



ORLANDO COMMUNITY SERVICE PROJECT

On Sunday, December 4, David Hodge, CRNA, and his wife, Michelle Hodge, MSN, RN, Parish Nurse, joined Barry University graduate anesthesiology students at the Health Ministry at St. Margaret Mary Catholic Church in Winter Park. The Orlando students' community service project included a blood drive and blood pressure screenings. The graduate students registered and screened over twenty parishioners who donated blood. In addition, the students consulted with fifty-four parishioners to determine blood pressure, diet and lifestyle modifications, medication management and referrals as needed to their primary care provider for further evaluation. Program Director, Dr. Tony Umadhay stated, "I firmly believe in the value of engaging our students in service-oriented activities. Volunteering in the blood drive and blood pressure screenings provides them with a broader and much sensible view of the world. I am sure the students found these experiences truly enriching and meaningful."

Thank you to the following Anesthesiology program graduate students for your support in our core commitments of collaborative service and social justice: John Ayoub, Genevieve



Galutera, Matthew Mulholland, Tony Reed, Charlene Reynolds, Brendon Rose, and Momin Zafarullah. Mrs. Hodge said of the graduate students, "It is wonderful to see students engage in community service activities. I truly feel the students felt a sense of appreciation during this busy time of the season. I [hope] to collaborate with [Barry's anesthesiology graduate students] again on future blood drives and blood pressure screenings."

SHERIDAN SCHOLARSHIP AWARDED TO ANESTHESIOLOGY GRADUATE STUDENT



Barry University Anesthesiology graduate student Deanna Dupont (2012) is the recipient the 2011 Titinan Sawetawan CRNA Memorial Scholarship Award. The \$2,000 scholarship is awarded by Sheridan Health Care to a second year nurse anesthetist student in good academic standing. The scholarship is to honor the memory of Mr. Sawetawan, a nurse anesthetist from Palm Beach County committed to the advancement of nurse anesthesia education in Florida. In her essay, Deanna wrote "My journey to anesthesia has been guided by a desire to seek the highest level of excellence in my profession. Providing intensive care that exercises my critical thinking abilities in a dynamic and challenging work environment motivates me". Ms. Dupont also referred to her clinical instructors as professional role models that challenge her in a most critical health care environment.

Deanna Dupont, RN, MSN



You are invited to
attend our Annual
Get-Acquainted Cookout on
Saturday, January 14, 2012
11 am - 3 pm
Barry University,
Miami Shores Campus
Fine Arts Quadrangle

*PLEASE JOIN US AS WE
WELCOME THE INCOMING
CLASS OF 2014 STUDENTS*

RSVP by January 9th to Andrew
Hoo (Administrative Assistant)
AHoo@mail.barry.edu
305-899-3230

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ANESTHESIA CIRCUIT

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ANSWERS TO TRIVIA:

*Dr. Norman Wolford was the first program director, followed
by Dr. John McDonough, Dr. Mary Lutzo, Dr. Dolores
Gibbs, Dr. John McFadden, and Dr. Tony Umadhay, the
program's current director.*

*The youngest student ever to graduate from the program
was 24 on graduation day. The oldest student was 54.*



**11300 NE 2nd Avenue
Miami Shores, FL 33161**

ANESTHESIOLOGY ALUMNI FUND

Continue to be part of the education process by contributing to the Anesthesiology Alumni Fund. Your monetary donation will sponsor one or more Barry anesthesiology students to attend workshops and state or national meetings.

Please contact Mercy Diaz-Rodriguez at 305-899-3230 or mrodriguez@mail.barry.edu for information, or send your donation payable to: Anesthesia Alumni Fund
Barry University Anesthesiology
11300 NE 2nd Avenue, Miami Shores, FL 33161

Thank you for your support!



*The Faculty and Staff of the Anesthesiology Program at
Barry University want to wish you and your family
a joyous holiday season and a prosperous New Year!*