

What Can I Do With a Major in...?

Exercise Science

Related Career Titles

- Personal Trainer
- Strength and Conditioning Coach
- Cardiopulmonary Rehabilitation Specialist
- Fitness Instructor
- Exercise Physiologist
- Exercise Test Technologist
- Dietician
- Occupational Therapist Assistant
- Recreation Director

Related Major Skills

- Knowledge of human anatomy and physiology
- Ability to motivate and educate
- Ability to communicate effectively
- Good observation skills
- Ability to conduct research
- Independent decision making

Typical Employers in South Florida

- YMCA
- Barry University
- Florida International University
- Snap Fitness
- Miami Fitness Connection
- Jackson Memorial Health System
- Don Shula's
- Baptist Health System
- Miami Dade County Public Schools
- YWCA
- Broward County Public Schools

Typical Work Activities

- Fitness assessment
- Exercise prescription
- Evaluate rehabilitation programs
- Write research proposals
- Discuss injury with clients

Professional Associations

- [American College of Sports Medicine](#)
- [American Society of Exercise Physiologists](#)
- [American Council on Exercise](#)

Job & Internship Search Links

- [Exercise Jobs](#)
- [Athletic Trainer.com](#)
- [Exercise Careers](#)
- [NESTA Certified Jobs.com](#)
- [Fitness Jobs.com](#)
- [Health Career Web](#)

Barry University
Career Development Center