

Honors Program Newsletter

Volume 1, Issue 1
September 2015

Greetings,

Welcome back my fellow honors students. It's that time again in which we have subjected ourselves to classes, papers, tight schedules, and way too much homework. Oh well, we'll have fun doing it, right? First, we apologize for how late the newsletter is this month, but there was a lot going on with HPSAB and our schedules delayed the first meeting beyond our control. We do encourage you, if you so desire, to take part in any future meeting. The dates are posted in this newsletter's calendar.

Second, welcome all new honors students to a proud and long standing learning community in which you will meet people from all walks of life and make connections that will diversify your college experience. To our returning members, ensure that you are on track with your courses and thesis process. Also, look out for upcoming events.

This is the year many of us have been looking forward to. For first year students, it may be leaving home, getting a taste of independence, and learning to communicate with different kinds of people as we try to navigate the world around us with little or no help at all. For those in their final year, hats off to a great year while doing a balancing act of much needed course credits, internships, graduate school applications, and last but not least, thesis papers, while we're trying to figure out what exactly we want to do with our lives.

I, myself, am just starting my own internship with Miami-Dade's State Attorney's Office, where I am seeing a small but intricate part of the criminal justice system while working with the walk-in paralegals and victim witness counselors. As I sat in on many of the cases, I saw both sides of the coin and have come to realize that there are many bad things that exist in this world; however, the knowledge that I am gaining makes a difference, just as each and every one of us who complete our thesis also make the world just a little bit better.

So, without further adieu, I'll leave you with some words of advice in regards to the rest of the semester: work hard, play hard, and eat lots of chocolate or pie....pie is good.

Best wishes,
Shenea Abraham

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September Facts

Did you know?

- * Peace Month
- * Self Improvement Month
- * National Chicken Month
- * National Potato Month

New Semester Survival Guide

While starting college may be nerve wracking for some first-year students, the start of a semester for returning students can also be hectic. New schedules, new classes, new teachers, and new classmates – it all takes some getting used to.

Based on our collective experience, here are some tips to help get you through the semester:

Keep your class syllabi nearby. Assignment due dates, tests, and exams are listed on them.

Use it as a reference to know what you will be doing in class and when you should have your work done for.

Get started on papers and projects early. Don't procrastinate. If you know you have something due, don't leave it for the day before. A little work today and some more tomorrow will make the assignment that much easier to handle.

Find a quiet place for homework and studying. It can be your room, a lounge, the library – anywhere that helps you stay focused. Distractions keep you from finishing your work and studying. The faster you get your work done, the faster you can get back to doing whatever else you want to do.

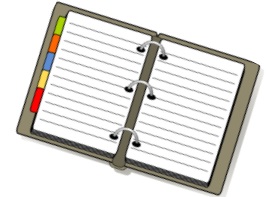
Get involved around campus. There are organizations, clubs, sororities, and fraternities that offer new adventures and experiences. You can make new friends and get more out of your college experience.

Take advantage of the study resources on campus. Visit the Writing Center and the Math Lab. These resources are here to help check over your work and provide you with the support you need to succeed in your classes.

Find a balance between eating, sleep, and working. Staying healthy is important. Eat at least three meals a day and get plenty of sleep. This will give you the energy you need to get through the day.

Make time for you. Set aside time to do

things you like. Relax and take a break from a long day or week. Hang out with friends, watch your favorite shows, and have fun.



Some of the Honors Program Requirements

- * Enroll in a minimum of one honors course per semester
- * Attend a minimum of one honors event per semester
- * Maintain a 3.5 GPA or higher
- * Maintain 12-credit full-time status

BARRY UNIVERSITY'S HONORS PROGRAM MANDATORY NEW STUDENT ORIENTATION

TUESDAY SEPTEMBER 22, 2015
4:00 — 5:00 pm

Lehman 103

Topics:

MEET AND GREET

HONORS PROGRAM STATUS

SENIOR HONORS THESIS

HONORS PROGRAM STUDENT ADVISORY BOARD (HPSAB)

GETTING INVOLVED



Food will be served.

Please RSVP by **SEPTEMBER 18, 2015** at psirimangkala@barry.edu

September 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Labor Day	8	9 HPSAB Meeting	10	11 Patriot Day	12
13 Grandparents Day	14 Rosh Hashanah	15 Hispanic Heritage Month Begins	16 Minor and Major Fair	17	18	19
20	21 Peace in	22 HP New Student Orientation	23 HPSAB Meeting	24	25	26
27	28	29	30			

World News



Pope Francis' Visit to Cuba

This past May, the bishops announced that Pope Francis will visit three Cuban cities and the shrine of Cuba's patron saint, the National Sanctuary of Our Lady of Charity of El Cobre. This month, on September 19, is the long awaited trip that will hopefully strengthen the reconciliation between the United States and Cuba.

Pope Francis' planned trip to Cuba this month will make the third papal visit to the island in 17 years. The first in 1998 by Pope John Paul II and the second in 2012 by Pope Benedict. Pope Francis is set to head to Washington, D.C., on Sept. 23, where he will meet with President Barack Obama.



This event couldn't have been at a better time, coinciding with Peace Month. Stay tuned to announcements from Barry concerning guest speakers and community members in Peace Month prayers, service opportunities, and conversations on fostering peace and non-violence.

<http://www.miamiherald.com/news/nation-world/world/americas/cuba/article20693646.html>



Celebrating Barry's 75th Anniversary



Barry University was founded in June 1940 and has now become one of the leading organizations of education in South Florida.

This year marks the 75th year since the institutions foundation, bringing with it celebration of Barry's continued years of service to its students, faculty, and community.

Emphasizing knowledge and truth, an inclusive community, social justice, and collaborative service, Barry is a university built on intellectual growth, tradition, and faith.

Let's make this semester one of celebration.

75 Acts of Service

Give Back for the 75th Anniversary!



Barry University
1940-2015 | 75 Years of Achieving Greatness

<https://www.barry.edu/president/mission/>

Meet the Honor Program Student Advisory Board

Alekzander Sayers is a senior Theater major. He was born and raised in the great state of Maine, but has enjoyed the past three years here in Florida (and is looking forward to his last one!). In his spare time, Alek can be seen playing tennis, reading plays, drinking tea, or shuffling up his deck of Magic cards for a duel. He is excited for all of the events this year that HPSAB will be hosting, and looks forward to seeing everybody there!



Shadé Lovett is currently a senior majoring in Criminology. This year she is proudly serving as Co-Chair on HPSAB. Shadé was born and raised in the suburbs of New Jersey. She enjoys shopping, adventuring to new places, and indulging in new foods. After graduation, Shadé wishes to take her acquired education and skill sets towards a federal career. Interesting fact: Shadé enjoys being actively involved in her connect groups at Trinity Church Miami.

Kevin Dalia is a junior majoring in Pre-law. He was born in California, but is originally from Indiana. His favorite pastime is football (he used to be a football captain). Kevin enjoys playing video games and working out. He also enjoys dressing professionally because he likes to make good first impressions and to present himself in a formal fashion. Kevin spends most of his time in the Center for Student Involvement helping other students. He also frequently works with the Center for Community Service Initiatives leading trips or working with non-profit organizations. Just like any other college student, he likes to occasionally watch Netflix and chill.



Shenea Abraham is a senior majoring in Criminology with a minor in Computer Technology. She is originally from St. Croix which is a part of the U.S. Virgin Islands. This is her first year serving on HPSAB, she holds the Co-Editor position of the Newsletter. In her spare time, she enjoys reading, trying new foods, playing video games, shopping and hanging out with friends.

Lizandra Cruz was born and raised on the small island of St. Croix located in the US Virgin Islands. She is currently a senior majoring in English with a specialization in Professional Writing and a co-editor on the HPSAB newsletter. She enjoys reading, writing, drawing, and listening to music in her free time. She has already completed her thesis and has successfully defended it, leaving her to finish up her final semester at Barry.



Bethany Dill is a senior from Northeast Ohio majoring in Education and minoring in English Literature. She loves rainy days, fall in the Midwest, volunteering, nature, traveling, the wisdom of children, good stories, writing, trying new foods, inspiration, drinking tea, and spending quality time with people. She is frugal to a fault and wishes more people communicated by snail mail. In fact, she might be a little bit like your grandma. She thinks that the seemingly small things in life are really the biggest things and is convinced that no one realizes how truly their everyday lives touch others'.

Paola Montenegro was born in Venezuela and is now happily studying at Barry University as a junior. Throughout her experience at Barry, she has learned to enjoy being an advocate for social justice. Paola has discovered a passion for various subjects including human and animal rights. She started as a biology major but soon realized that she did not wish to pursue a career in that area. Still, her dream has always been to work with the United Nations. Paola changed her major to International Studies, and will possibly do a minor in Biology.



Presler Maxius is his name. His mother calls him T-pres, which probably stands for the boy who hates everything. His dad calls him "Lifet," the nickname translates to "He is born." Presler is sure his father calls him that because he is the greatest thing that ever happened to him; or the worst. His fraternal brothers call him ghost, and strangers call him "Pretzels," "Wesley," and "Presley." Presler guesses it's hard to forget his name. He's just a small town boy from Haiti, whose majoring in Psychology with a minor in Theatre. Presler's point is that if you call him 'hey,' he'll probably answer.

Dr. Pawena Sirimangkala is the Honors Program (HP) Director and Associate Professor of Communication. She teaches two HP classes: HUM 199 and HUM 300. She earned her doctorate degree in Communication with a specialization in Intercultural Communication from Kent State University, Kent, Ohio, in 1993. Her current research examines mindfulness and Daoism within the context of digital technology. In her spare time, she is devoted to improving her Chinese Mandarin (Putong hua 普通话/Zhong Wen 中文) and Hanzi 汉字). Her current goal is to reach the advanced level in speaking, reading, and writing Chinese.



Majors	Members
Biology/Chemistry	Vania Arboleda Aurora Burkus-Matesevac Chantel Drydale Laura Elosegui Alayna Gallagher Chenyanne Head Natalie Irizarry Tayler Michell Malinowski Trace McClene Jasmine Serna
Business/Management	Jelissa Cruz Carlos Mata Karina Salinas Rhasheda Weir
Accounting/Finance	Caroline Alves Da Silva Megan Copeland Kadeem Edwards Latique Gibson Renato Lombardi
Criminology	Shenea Abraham Samantha Lopes Shade Lovett
English	Lizandra Cruz
Exercise	Chelsea-Marie Spence Chelsey Thompson
Education	Bethany Dill
History	Joleen Cooper
Math	Ricardo Gomez
Pre-Law	Kevin Dalia Karla Govea Vincent Silvanio
Philosophy	Jessica Cousett
Psychology	Theresa Brown Esther Garcia Presler Maxius
Sport Management	Paola Buitrago
Theater	Alex Sayers
Undecided/General Studies	Tatiana Diaz Marlena Ford

Honors Program Lab

Did you know that the Honors Program has a computer lab open to your use? Currently located in Landon 206 G, this lab provides students with a quiet place to work and study, whether it be on your Honors Program Thesis or your general coursework! The lab also features free printing to students who have a key.

Those interested in using the lab may contact Dr. Sirimangkala for more information on purchasing a key. Keys are available for a \$10 deposit, which is returned upon your completion of the program.

This lab is for HP students only.

Just a reminder for the students using the lab—be sure to be responsible about usage, sign-in, and keep the door locked.

Contact Us

If you'd like to contribute to the newsletter or just voice your ideas for the Honors Program, let us know!

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