

"If I cannot do great things, I can do small things in a great way"
-MLK

Honors Program Newsletter

Volume 7, Issue 4

February/March
2019

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I know it's corny
but...

You are
a-maize-ing!



Special points of interest:

- The history of HPSAB: An insight into the history of our program and student leaders' contribution to the program.
- Buried Truths: A new column inspired by one of our members to keep you up to date on mysterious projects.
- Imitative pieces: Students exhibit their creative talents in creating a piece that adapts qualities and styles of specific authors.

Greetings Honors Program Family,

As we dive further into the spring semester, we hope everyone is ready to take the year by storm! Spring brings new beginnings, new opportunities, and new ways of interacting with the world. We are given a new slate and as students, we have to decide what we are going to do with it. We know HP will make Barry proud as we make the most out of our journey here. We all can certainly do it!

With this new momentum, there are certainly many things that we must keep in mind. At times, we can get discouraged from the enormous workload we are faced with as HP students and leaders at Barry. However, when we learn to keep our eyes on our future prizes, the momentum we started with will certainly not be lost. Just continue to pace yourself, work hard on all endeavors, and pursue excellence.

When one thinks of spring, it is often synonymous with spring cleaning. With the turn of this new year and semester, it's time to clean up house and jumpstart new endeavors.

Don't be afraid to leave bad habits behind and create newer, better ones. Be more involved. Make friends with people of different majors, different backgrounds even. The possibilities are endless. As scary as change may seem, it is always the first step to something bigger and better.

As HP students, we continuously challenge ourselves, striving to uphold high standards set not only by others, but also by ourselves. We want to encourage our fellow HP peers to continue to do so. Never stop reaching for the stars. Once you have reached the ceiling, break through it and go higher. We believe in all of you and know that you're all capable of accomplishing any and everything you set your minds to.

-Arian Blake & Michidael Ceard

Behind The Scenes : History of HPSAB

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ith the start of a new calendar year and a new semester, we at the Honors Program Student Advisory Board (HPSAB) can't help but feel nostalgic about all that the Honors Program (HP) has accomplished. Researching through available documents from the Archives department and the University Catalogs, we were able to discover some facts about our program. The history of HP at Barry University is a rich one, full of informative trips, eye-opening experiences, and crucial discussions. In order to truly appreciate how far we've come, we must first be familiar with our past; so we'd like to begin with HP's brief history. The program was established in 1982 and the following faculty have served as program directors - Sister Eileen Rice (1982 – 1985), Dr. Jesus Mendez (1985 – 1990; 1993 - 1997), Dr. George Cvejanovich (1990 – 1993), Dr. Jung Choi (1997 – 2002), and Dr. Pawena Sirimangkala (2002 – present).

Based on the scrapbooks that previous HP student leaders have created, the Honors Student Association (HSA) was formed in 1987 (an incomplete set available in the University Archives were two published volumes and four issues of the HSA Newsletter from 1987 to 1989). The group was originally called Students in Honors Program Ad Hoc Committee. The program also published Journeys, an Honors Journal (with issues from 1993 to 1996). The HSA also published The Beacon, Publication of the Barry Honors Student Association, with six issues (from 1989 to 1991). Our current HP Newsletter was born in 2012, just about six and a half years ago; but it came from a long line of newsletters that each reflected the personality of the program at the time.

Over the 32 years since HSA was formed and 16 years since HPSAB was established, HP and its student leaders have worked together to resolve problems in our community, to inform the student body about important issues, to travel and learn about other places, and to organize events that bring us all closer. Through HPSAB, the program takes pride in creating interesting opportunities for fellow students.

The very first issue of the current Honors Program newsletter, released in September of 2012, featured information about the HP computer lab, an explanation of what was expected of students who would participate in the study abroad trips to China, and a page titled "Meet HPSAB" that introduced current members and some facts about them. This first issue is a perfect example of the humble beginnings of the newsletter that became an ongoing tradition that HPSAB would continue to uphold for years to come. The remainder of 2012 featured a successful Guest Lecture Series, a trip to the Miami Science Museum, and a fun and laidback HP Holiday Gathering at the end of the fall semester, all of which were catalogued in the newsletter.

In 2013, HPSAB organized two Guest Lecture Series, a Morikami Japanese Garden trip, and an Honors Program Evening of Celebration and Appreciation (ECA) to express gratitude towards HP members, faculty, and staff and congratulate graduating seniors. In February of that year, HPSAB accompanied Dr. Sirimangkala to the Florida Collegiate Honors Council Conference, which was very informational and allowed HPSAB to reflect on how our Honors Program is run, and in turn opening their minds to new ideas. The newsletters of that year continued to inform students about trips, activities, and things going on at Barry (e.g., Black History Month, Women's History Month, and Domestic Violence Awareness Month).

Written by Emma James and Walter MacWaters

Behind The Scenes : History of HPSAB Continued

The year 2014 and all of its endeavors started off in February, when the Honors Program visited the recently opened Perez Art Museum, which we visited again in Fall 2018. In April, the program participated in the first annual Scholarship Engagement event: a beach cleanup in Hollywood, Florida; that same month, three HP students presented papers at the 2014 Northeast Regional Honors Council Conference in Niagara Falls, New York. In October, Barry University hosted a mini-conference, titled The Promise and Peril of Personalized Medicine, and several conference panels in response to the conference's theme. In December, we had the third annual HP Holiday Gathering, which was said to be enjoyed by all and a great opportunity to get to know fellow members of the program.

At the start of 2015, the newsletter co-editors launched the first ever faculty interview column, which has continued to be featured. In March, some HPSAB members participated in an alternative spring break program that took a handful of students to Immokalee, FL for six days to closely observe the social issues migrant workers face. That same month our very own Hemaghini Das, an education major and HPSAB member, was hard at work in Merida, Mexico, teaching classes to young students on Mathematics and Spanish. The following months bore witness to a number of other exciting events, programs, and updates from members abroad. For instance, the HP students volunteered that April in a food insecurity related event organized by Feeding South Florida (FSF) for HP's Scholarship Engagement (SE); and it was for this event that our first program t-shirt was designed by HPSAB and worn (thanks to funding from our Dean Callaghan). A little later, we got an exclusive preemptive view into the research of another HP member, Trace McClene, about the reality of the strength gap between men and women using electromyography. Additionally, some HP students were involved in helping to celebrate Barry's 75th birthday in June; and later that year, the Honors Program hosted a lively game night and another educational Guest Lecture Series.

In the February 2016 issue, we learned about Jelissa Cruz's wonderful two-week abroad experience, in which she visited a number of historic sites for the Dominican order in France, like the monastery in Prouilhe founded by Saint Dominic and the Albi Cathedral. Also in February, HPSAB organized an excursion for all members to visit the US National Historic Landmark of Vizcaya Museum and Gardens in Coconut Grove. The rest of 2016 included guest lectures and a Scholarship Engagement Project at East Greynolds Dog Park.

The year 2017 went off with a bang, starting with the annual Honors Convocation in which three outstanding students were recognized for their scholarship and dedication; and several volunteers from the Honors Program helped to facilitate the event. Another ever-popular event organized by the Honors Program was Game Night, which never fails to bring out the best and silliest natures of all who attend. This fan favorite will not likely go away any time soon. That year's Scholarship Engagement took place in Miami Gardens, where we supported the Women's Breast & Heart Initiative and assisted in their door-to-door outreach. This year was also a special year for two HP Faculty; at Barry University's Years of Service celebration, Dr. Goehl and Dr. Sirimangkala were both recognized for 40 and 20 years of exemplary service, respectively.

Fall 2017's Guest Lecture on "The effects of sea-level rise and sustainable modernity: The transformation and resiliency of living in South Florida," highlighted some critical and thought-provoking discussion of one of the most urgent issues facing Florida today. This was the start of an amazing year for the Honors Program full of bittersweet goodbyes to much loved seniors, the refreshing addition of a few new members, brilliant events, and scintillating conversations. In particular, Spring 2018's Scholarship Engagement Project at the Dania Beach PATCH urban farms and the Evening of Celebration and Appreciation were very successful. All these events, activities, and get-togethers continue to be both fun and educational experiences for all, made even better through the hard work and dedication of the HP faculty and HPSAB.

Each newsletter has proven to be informative for everyone in HP, yet inclusive enough with campus news and current events that anyone at Barry can read and enjoy. Over the years, there have been several editions of "Meet HPSAB," reminders to seniors to schedule thesis defense dates, reminder to register for classes, special news columns written for students of specific majors, advice from seniors on writing an honors thesis and how to deal with "thesis anxiety," and reflections on the outcomes of trips and meetings that HP organized and/or participated in. These features inform, encourage, and connect HP members in a way that simply sharing a class each semester cannot. That being said, from HPSAB to all of you, we cannot wait to see what the rest of 2019 has in store for us and look forward to sharing many more of these experiences with you in the future. Finally, HPSAB wants to extend its gratitude toward our HP faculty and Dean Callaghan for all the support we have received. Under the leadership of Dean Callaghan, who funds all of our events, HPSAB continues to make things possible for all HP students and beyond.

MEET YOUR CURRENT HPSAB MEMBERS



Abigail Solorzano
HPSAB Chair



Johania Charles
HPSAB Co-editor



Nicole Rafols
HPSAB Co-editor



Michidael Ceard
HPSAB Secretary



Arin Blake
HPSAB Service Coordinator



Emma James
HPSAB Public Relations Officer



Tamica McKenzie
HPSAB member in probatio



Walter MacWaters
HPSAB member in probatio

HP Buddy System: The purpose of the Buddy system is for all students to have someone they can turn to when they have questions, whether it's the HP program, academics or anything in general. Your Buddy is here to help, don't be afraid to contact them if you ever need anything. Below is a list of all HP students with your buddy/ HPSAB member at the very top.

<u>Abby</u>	<u>Nicole</u>	<u>Johania</u>	<u>Mishee</u>	<u>Arin</u>	<u>Emma</u>
Adriel	Taylor	Erica	Jonathan	Stefan	Tamica
Walter	Sofia	Anastasia	Kira	Victoria	Anaya
Dainely	Lauren	Brianna	David	Kailyn	Yesenia
Rebecca	Gabriela				
	Dylan				

HP Recap: Meet & Greet

This Spring, the Honors Program introduced a meet and greet event that allowed both returning and new HP students to familiarize and converse with one another. Held on January 23, 2019, this informal new student orientation event was a great opportunity for students to hear what HPSAB has planned for this semester. The purpose of this orientation-like event is to remind students of their requirements as HP students. It also allowed students to fully express any suggestions and improvements for the program in general in terms of improving their overall experience. HP and HPSAB encourage participation of all HP students and faculty in all upcoming events for the present and future semesters.



HP students showing their excitement before meet & greet



Our co-editors prepping (Johania & Nicole)



HPSAB expressing their goals as leaders for the upcoming semester



Students engaging in meaningful conversation /getting to know each other



The yummy treats brought in by our lovely director (Dr. S)

Buried Truths - Project MK Ultra

What?

What comes to mind when you envision the aftermath of World War II? Patriotic parades and photos of relieved soldiers returning home to their families? Defeated and disgruntled Germans? What about a union between Nazi scientists and the United States government? In the wake of the Second World War, Russia and the United States enlisted the aid of several hundred German scientists, each seeking an upper hand in the Cold War and Space Race. While many scientists did indeed serve this purpose, there are those who were tasked with a more sinister objective, one that may have affected us all in one way or another. Project MK Ultra.

Why?

The goal of this project was to develop the perfect "truth drug" to be used in interrogations and to discover the various possibilities of mind control. Others speculate that the real goal was to create a "Manchurian Candidate." This term was coined from the title of the infamous novel by Richard Condon in which the main character is brain-washed and turned into an assassin. Although Albert McCoy, an esteemed history professor at the University of Wisconsin-Madison, claims that the CIA promoted such stories as to distract from the program's true purpose of improved interrogation methods, the list of substances used show the true, wide scope of Project MK Ultra. For example:

- ◇ Substances which will promote illogical thinking and impulsiveness to the point where the recipient would be discredited in public.
- ◇ Materials which will cause the victim to age faster/slower in maturity.
- ◇ Substances which alter personality structure in such a way the tendency of the recipient to become dependent upon another person is enhanced.
- ◇ Substances which will enhance the ability of individuals to withstand privation, torture, and coercion during interrogation and so-called "brain-washing."

Who?

Now that we've touched on the what and why of our subject, let us briefly touch upon the who. Who were the lucky candidates chosen for this groundbreaking experiment? Subjects were from the United States and Canada and ranged from children to inmates to military officers and across all races. Also involved were unsuspecting academic researchers, who weren't aware of the actual goals of the project.

How?

How exactly did the CIA attempt to accomplish their ambitious mind control goal? The simple answer is drugs and torture. Psychedelics, such as LSD, were mainly used. While under the influence of such drugs, the mind is highly suggestive, making it easy to manipulate the mind into believing something it normally wouldn't. As for torture, various methods were used. Victims were subject to extreme verbal, mental, and physical abuse. One could see this method as manufacturing dissociative identity disorder; traumatizing the mind to the point where it fractures. The difference here is that the personalities are not created by the fractured mind but by the "fracture." Once the mind is broken, the experimenter can create whoever they want, whether it be a super soldier, a sex slave, or the next musical prodigy. The possibilities are truly endless. These personalities, or alters, can be triggered with a symbol, phrase, or sound.

Pop Culture

The project came to an official end in 1973, but not before CIA Director Richard Helms ordered that all documents related to Project MK Ultra be destroyed. Current documentation comes from witness accounts and the few documents that survived the aforementioned destruction. Many speculate the project continues today under the name Project Monarch and that many celebrities and political figures are victims of mind control. Theorists use this to explain any breakdowns or strange behavior, such as Miley Cyrus's 2013 episode. They say mind control programming breakdowns are marked by radical differences in personality and appearance (particularly cutting hair and dying it blonde). But this is all speculation and shouldn't be taken too seriously. At the end of the day, the best we can do is just take in the information and reach our own conclusions.



The Buried Truths Column is an additional column proposed and written by Tamica McKenzie to reveal conspiracy theories
Sources:
<https://www.cia.gov/library/readingroom/search/site/mk%20ultra>
<https://www.history.com/mkultra-operation-midnight-climax-cia-lsd-experiments>

Literacy Corner

What better way to start the spring semester than sitting on the campus mall under a palm tree with *Jane Eyre* by Charlotte Brontë in tow? Brontë is a classic romantic writer who weaves the relationship with Mother Nature into a direct reflection of her characters' feelings. *Jane Eyre* is a wonderful read for those who are in the mood for a little romance, suspense, and tears all rolled in one.

Jane Eyre commences by describing the life of the young girl whom the book is named after. She is an orphan raised by a cruel aunt who abuses her physically and emotionally. Her aunt then sends her off to a boarding school where Jane is left in the care of an even crueler headmaster. The headmaster utilizes the funds from the school for his own benefit while leaving the girls in poverty and privation. However,

things begin to change when the school becomes under new leadership. Jane enjoys her time there and even becomes a teacher. After spending two years teaching, she leaves to become a governess to a French girl under the care of the handsome and ravishing, Mr. Rochester. She secretly falls in love with him but is distraught by ghastly events happening at this residence. Mr. Rochester even courts another woman in attempts to forget Jane. With the culmination of their love at the end of the novel, secrets unfold and woes are discovered. It leaves readers with mixed feelings on whether Jane will ever find her happy ending.

Brontë is talented in the way she constructs her plot. The novel itself is inspirational as the heroine confronts and overcomes obstacles placed before her. *Jane Eyre* reminds us that "life [is] too short to be spent in nursing animosity or registering

wrongs." Indeed, *Jane Eyre* by Charlotte Brontë will surely allow you to view life differently and will wonderfully kick off your spring.



Book: Jane Eyre

Author: Charlotte Brontë

Review written by Michidael Ceard

Imitative Pieces

As a part of one of the Honors Program's offered courses, students from Dr. Bowers' ENG 358H English Postmodernism course are tasked with writing multiple imitation exercises of influential authors studied in the class. This time, the students were required to write an imitative piece based on Virginia Woolf's "A Room of One's Own." Virginia Woolf is considered to be one of the most influential modernist authors and a pioneer in the use of 'stream of consciousness' as a narrative device. Her progressive work inspired feminist prose and the development of characters through their receptive consciousness. Her style incorporates the use of abundant imagery and auditory impressions on the reader. These were the traits the students were asked to embody throughout their imitative work; and they produced wonderful submissions!

Featured below were the two best contenders voted by our very own HPSAB! The two pieces were voted by unanimous decision, under the careful opinion of Dr. Sirimangkala.

*Note. Please keep in mind that the topics discussed in these pieces may not reflect the opinions of the students who wrote them, authorship withheld to avoid subjectivity.

A Scandal of Her Own

To understand women in politics is to understand the relationship between women and politics. The influence of women in political settings cannot be restrained to just their political title. Abigail Adams, proposing to "remember the ladies," Ida B. Wells, Susan B. Anthony, Rosa Parks and even Bella Abzug who justified that a woman's place is in fact in the house. The House of Representatives. All are women who influenced political change with no official political title. The history of women in politics is not one that's very long. As I reflect on this topic, the hunger pains not eating supper the night before catches up to me. Fetching a dollar bill from my wallet to feed the vending machine, the Great Seal stares back at me. I can't help but wonder what it takes to be president. A female president. History reveals men initiating political change using their powerful political positions. Perhaps presidency requires grit, ambition, war, and a great scandal. The notable presidents of their great country have demonstrated how to handle the hardest job in the world. Founding father and first president George Washington set the tone for the presidency with the Sally Fairfax scandal. Then I think of more influential figures like Jefferson, Harding, Kennedy, and Clinton. Serving the nation by day and their mistress by night. Not to mention the courageous presidents like Eisenhower, Truman, Roosevelt, and Johnson who led our patriotic nation into war without hesitation. In fascination I wonder, what if Nixon has a sister full of the same charisma and eloquence. Would she have successfully executed Watergate? No. A woman cannot be president. Her overly sensitive nature would get in the way. Too compassionate to declare war. She would not defile her morals and familial responsibilities to satisfy her sexual appetite. A president can't merely exist without misconduct. To be president you see, she'd need a scandal of her own.

"Perhaps presidency requires grit, ambition, war, and a great scandal."

A Bone of One's Own

It was a lovely morning outside as I took my daily stroll with my owner, who wasn't very bright and quite frankly, wasn't very handsome; but he made the most out of our time together. Multiple times at any given any moment during any given day, I would be tasked with answering this unnerving question: "Who's a good boy?" This inquiry troubled me greatly as I had no idea what this odd bipedal creature meant by his perplexing words. How should I know who was a good boy when given such a lack of context and elaboration? Was he the good boy, I sometimes wondered. Perhaps he was seeking affirmation from me, I commonly thought; and in turn, I would just smile and bark to make him feel better. But there were other times when I pondered whether or not it was me, that I was the good boy all along. During these times, I would think about what it even means to be a "good boy." What constituted this "good"? Was it my retrieving his alcoholic beverages and high calorie foods from the large cold box in that dangerous room or perhaps my relieving myself in the annoying neighbor's grass. I commonly pondered such things and felt a sense of dread as confusion set in. What is a good boy if a good boy violates someone's property or is constantly enabling his owner's unhealthy eating habit? These were all bad things, you see? So, I couldn't have been the good boy to which he referred. Or maybe, in his twisted human mind, I was. But that is not a praise my mind can accept with ease... If only I had a bone of my own, then I wouldn't have to depend on his leftover scraps; and then I can truly be a good boy, a good boy in my own right.



Student Spotlight

Emma is one of the newest members on board HPSAB and has demonstrated a great willingness to contribute to the program. Her boldness and eager participation can be set as an example for the rest of her peers as one of the fresher faces in the program. Her merit and quick adjustment to her responsibilities on HPSAB have earned her this issue's Student Spotlight.

What's your major? What would you want to do with it?

My major is English (Professional Writing specialization). I originally planned to minor in film studies; but I'm now debating between that and a journalism minor. I'd like to one day work in a publishing house as an editor or in film, post-production or possibly directing.

Where are you from?

I'm originally from East Liverpool, Ohio (small town, tri-state area, right on the Ohio River); but I've lived in Homestead, Florida since I was six.

Why did you choose Barry?

A friend of mine was planning on coming here for Nursing and suggested I apply; and when I got accepted, we both decided to go and we now commute together every day. Barry was really the perfect choice for me; it's close enough that I can live at home, but far enough that it wouldn't be crazy for me to live on campus. I've always liked the idea of a small university, and I've heard so many wonderful things about the English Program that have all proven to be true; so I'm very happy with my decision. The Honors Program and HPSAB have been so welcoming; due to this and many other factors my overall college experience so far has been wonderful.

What made you want to join HP-SAB, and how would you like to contribute to the honors program?

The fact that I made it into the Honors Program still blows my mind; I feel so lucky to be part of a group of such intelligent and hardworking people. I immediately knew that the Honors Program would open doors for me and I wanted to help in doing the opening; so when Dr. Sirimangkala reached out and suggested I attend an HPSAB meeting, I was really excited because I was interested in seeing what goes on "behind the scenes" of the Honors Program, and I would get to properly meet and talk to the HP members that make up HPSAB.

I wanted to join because being in HP encourages me to step out of my comfort zone and motivates me to work hard, and I want to give something back and contribute to the program in any way I can so that it continues to live up to the legacy its members have created for it, and so that current and future members can feel as encouraged and motivated as I do by being a part of it. HPSAB has been so welcoming and I've been really enjoying my time as a member.

Aspirations for the future and the program?

I hope to one day get a piece of my writing published and I want to travel the world and learn about as many other cultures as I possibly can. As for HP, I hope to warmly welcome new students who enter the program, to contribute to the HP newsletter, and to take part in as many activities and get-togethers as I can to get to know my fellow members.



Emma James

**Interview was
conducted by Nicole
Rafols**

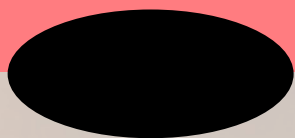


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Arin Blake, Service Coordinator
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Johania Charles, Co-editor

Emma James, Public Relations Officer
Walter MacWaters, Member in Probatio
Tamica Mckenzie, Member in Probatio

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HP Requirements

- ◇ *Enrollment in Barry as a full time Undergraduate (a minimum of 12 credits per semester)*
- ◇ *Maintaining a minimum cumulative GPA of 3.5*
- ◇ *Completion of Honors Program courses*
- ◇ *Must attend a minimum of two Honors events to comply with Honors students requirements*

Junior and Senior Thesis Requirements

- ◇ *Enrollment in HON 479H*
- ◇ *Attend Thesis Orientation*
- ◇ *Defend Thesis One Month Prior to Commencement*

HP Announcements

March Events:

Tuesday March 19, 2019: Global Leadership Series Workshop

Topic: Understanding Race Relations and Creating Effective Racial Dialogue

RSVP by March 14



Saturday March 30, 2019: Scholarship Engagement *MANDATORY EVENT*

Park Cleanup @ Amelia Earhart Park

8-1pm;

Sign-up by March 20

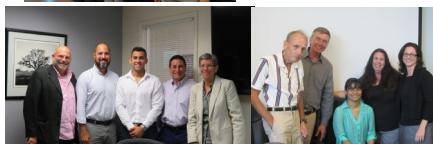


RSVP all events via email:

psirimangkala@barry.edu

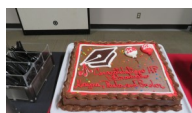
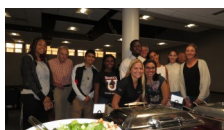
April Events:

Thesis Defenses: TBA



Thursday April 25, 2019: Evening of Celebration and Appreciation (ECA) 4-5:30 pm

Location: TBA



May Events:

Friday May 10, 2019: Honors Convocation



Saturday May 11, 2019: Commencement

