Optional Practical Training Checklist

____ $410 Fee (submitted on-line with application submission)

____ Two photos (passport size, full frontal shot)

____ I-765 completed at the time of your appointment with International Advisor

____ Letter from academic advisor with your name, department, major, anticipated date of program completion and request for OPT.

____ Copy of I-94

____ Copy of student visa

____ Copy of endorsed I-20 issued by ISS with OPT request notated on page 2

____ Copy of past EAD with OPT Employment Approval (if applicable)

Application completed by:
(  ) Freddie Frage

Authorization:

(  ) I would like to be called when my EAD card arrives so I may pick it up in person.

(  ) I authorize, __________________________, to be called and pick up my EAD card.

*I have included this person on my FERPA form.

__________________________________________  __________________________
Student Signature                              Date

Rev. 10/2023
What is optional practical training?
OPT is training that is directly related to an F-1 academic student’s major area of study. It is intended to provide students with practical experience in their field of study during or upon completion of a degree program.

Who is eligible for OPT?
An F-1 academic student who has attended an SEVP-certified college, university, conservatory, or seminary on a full-time basis for at least one academic year may be authorized up to 12 months of OPT per program level (Associate, Bachelor, Master and PHD). However, F-1 students who have 12 months or more of full-time curricular practical training in one year are not eligible for OPT for that degree. (Students can be authorized for CPT up to 11 months per year and still be eligible)

What is pre-completion OPT?
Pre-completion OPT is authorization to work before the student’s program end date. Students with approved pre-completion OPT may work up to 20 hours per week while school is in session. Students who are eligible to register for the next term, and who plan to do so, may have approval to work full time when school is not in session. (Summer and winter break, but not Spring break)

What is post-completion OPT?
Post-completion OPT is OPT that begins after the student’s program end date.