Photo of the Month:

VISTA member Shernee Bellamy took the lead on planning all of the educational programming for the 7th Annual Earth Day Celebration at Barry University. This year, the theme was "Take a Stance on the Green", and offered faculty, staff, and students the opportunity to share and talk about sustainable initiatives that were important to them, and thought needed to be voiced.

Topics ranged from 'Pythons in the Everglades' to 'Food Justice in America', with visuals, powerful messages, and solutions offered to these issues. The audience was able to stand with them on these topics by pledging to be mindful at 'The Stances' table, receiving an 'I Pledged' sticker afterwards.

VISTA Resources

**Toastmasters International**

Toastmasters International empowers individuals to become more effective communicators and leaders. They believe that by regularly giving speeches, gaining feedback, leading teams and guiding others to achieve their goals, it will result in greater self-confidence and personal growth.

There are Toastmasters Clubs across the state; simply go to toastmasters.org to find one near you. This is an excellent professional development opportunity, so talk to your supervisor about joining a club, and whether your host site can cover the cost of membership.

Become empowered today!