

# MED *express*

SPRING 2009



## WHAT'S *inside*

New Pedinol Student  
Resource Room

■

APMSA Reception  
Celebration

# Dr. Nelson Appointed Interim Dean for Barry University School of Podiatric Medicine



*John P. Nelson, DPM, FACP, FAS, CWS*

The Barry University School of Podiatric Medicine is pleased to announce the appointment of John “Jack” Nelson, DPM as interim dean of the School of Podiatric Medicine. Dr. Nelson, a member of the Barry community since 1988, also serves as the associate dean of clinics and directs the clinical training of podiatric medical students at Barry University’s four Foot & Ankle Institutes as well as at the five affiliated teaching hospitals in the Miami area. Dr. Nelson indicated that “the work we are engaged in at the School of Podiatric Medicine and Physician Assistant Program will continue unimpeded with a smooth and seamless transition. We have the full commitment of the Barry University administration and Board of Trustees. I am honored to assume this role and I will continue to work closely with faculty, staff, and students to make a positive difference and improve the roles of both the School of Podiatric Medicine and the Physician Assistant Program.”

An honors graduate from the Ohio College of Podiatric Medicine and Rutgers University, Nelson is also professor of podiatric medicine and served as faculty advisor for the Pi Delta Honor Society at Barry. Besides being responsible for the clinical training of juniors and seniors, Dr. Nelson teaches Clinical Pharmacology, Operating Room Protocol Lab, and Orthotics Lab at Barry. He is board

certified by the Board of Podiatric Surgery, American Board of Podiatric Medicine and Orthopedics, and the American Academy of Wound Management.

At the clinical level, Dr. Nelson has clinical teaching responsibilities at the Barry Foot & Ankle Institute, Bay Harbor Island, and takes emergency room calls at Mt. Sinai Medical Center. Many of the patients are homeless, elderly, and medically disadvantaged. Dr. Nelson says, “Barry’s clinics provide over \$1 million in charitable care each year, significantly improving the plight of many indigent residents of Greater Miami and exemplifying the Barry mission.”

Dr. Nelson sees an opportunity for the School of Podiatric Medicine at Barry University to make an even more significant impact on the care of its patients and education of podiatric medical students in the future. “The opening of the Center for Community Health and Minority Medicine, our new facility, provides a focus for our research, educational, and clinical endeavors. To meet our mission we are providing vital care for the medically underserved and minority populations, and at the same time training a new generation of health care professionals from the same groups. This service, research, and education are at the heart of medicine now and in the years to come.”

Dr. Nelson replaces Dr. Chet Evans, who left the university after 22 years as dean.

## Barry Physician Assistant Program Earns Continued Accreditation until 2016

MIAMI SHORES, FLORIDA – The Barry University Physician Assistant Program is pleased to announce that it has received continued accreditation until 2016 from the Accreditation Review Commission on Education for the Physician Assistant (ARC-PA).

“This is wonderful news,” said Doreen C. Parkhurst, MD, FACEP, Program Director and assistant dean. “This continuing accreditation for the maximum of seven years demonstrates the commitment and dedication of our faculty and staff to the highest quality education for our PA students on our campuses in Miami Shores and St. Petersburg.”

The Barry PA Program has made impressive progress since its inception in the fall of 1997. The Miami Shores Program received its full accreditation in 1999. In fall 2005, the BUPAP began admitting students on the west coast of Florida in partnership with the University Partnership Center at St. Petersburg College. Didactic teaching is conducted via interactive video-conferencing on Internet2. In December 2007 the Program celebrated its 10th anniversary and graduated its first class seated in two locations. The Program has graduated more than 350 physician assistants.

According to Dr. John Nelson, interim dean of the Barry University School of Podiatric

Medicine, “I am extremely proud of our PA Program and its faculty and staff. They do an outstanding job bringing academic success to our students and preparing them to be the best health care professionals they can be.”

The Accreditation Review Commission on Education for the Physician Assistant is an independent accrediting body authorized to accredit qualified PA educational programs leading to the professional credential, Physician Assistant (PA). Accreditation is a process of quality assurance that determines whether the program meets established standards for function, structure, and performance. The site visiting team reviewed Barry’s PA program in December, 2008.



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**Medexpress** is published for the alumni, students, faculty, staff, and friends of the Barry University School of Podiatric Medicine and Physician Assistant Program. Barry University is a Catholic institution of higher education founded in 1940 by the Adrian Dominican Sisters. Grounded in the liberal arts tradition, Barry University is a scholarly community committed to the highest academic standards in undergraduate, graduate and professional education. Barry University's core commitments are: knowledge and truth, inclusive community, social justice, and collaborative service.

Editor: Bob McKinlay  
Co-Editor: Rena Kizilisik

Barry University  
School of Podiatric Medicine  
11300 NE 2nd Avenue  
Miami Shores, FL 33161  
(305) 899-3283  
rmckinlay@mail.barry.edu

## Who's on the Cover

Dr. Linda Peterson, provost; Lucila Ramirez, Pedinol; and Dr. John Nelson, interim dean cut ribbon on Pedinol Student Resource Room.

*Photo by Kelsa Bartley.*

## Barry Loses Stellar Faculty Member



A Memorial Service was held on March 14, 2009 for Dr. Elizabeth Hays, associate professor of biology in Cor Jesu Chapel on the campus of Barry University. Dr. Hays was an esteemed member of the faculty, serving Barry University for more than 24 years.

For the Barry University School of Podiatric Medicine, Dr. Hays served as associate professor of physiology. She played many faculty roles including graduate medical education, research, counseling, publishing, among many others and was affectionately known to her students as the "Frog Doctor."

Most recently, Dr. Hays devoted herself to advising pre-professional students. She was a vigorous advocate for her students and an active member of the university community, serving with distinction on many committees. Dr. Hays passed away on February 20, 2009.

The Barry School of Podiatric Medicine extends its deepest sympathy to Dr. Hays' family and friends. She will be dearly missed.

# PROGRAM DIRECTOR'S *column*

## Preceptors and the Clinical Education of PA Schools

*A portion of the Physician Assistant students' clinical training involves working in physician-supervised practices. To complete this aspect of PA training, Barry University depends on the generosity of active clinicians who assume the role of clinical preceptor and open their practices up to the Barry PA students. The editor spoke with Director of Clinical Education, Carmen Queral, PhD about the important role of the preceptor in clinical education.*

**EDITOR:** How much of Barry's PA degree involves clinical education?

**DR. QUERAL:** The clinical year is composed of eight six-week rotations with seven required rotations in defined content areas as well as one elective. This elective can be within any specialty of the student's chosen professional interest area.

**EDITOR:** What are the goals of clinical education?

**DR. QUERAL:** In keeping with the mission and purpose statement of Barry University, the PA program has established the following program goals to: 1) provide students with a broad range of clinical experience to serve as a foundation for their career in primary health care; 2) provide the knowledge, methods and skills necessary for students to interact effectively with patients and members of the health care professions; 3) prepare students morally and ethically to function efficiently within a changing, dynamic health care system; 4) promote recognition of the importance of health promotion and disease prevention for students, patients and the community at large; 5) extend patient centered, high quality, cost effective health care to all patients; 6) facilitate the acquisition and use of skills needed to interpret the medical literature, apply it to clinical practice and report innovative concepts to colleagues in the health community; 7) to enable graduates to successfully complete the NCCPA initial certifying examination (PANCE); 8) develop within the students of the Barry University PA Program and the physician assistant community at large, appropriate concern for the needs of impaired health professionals; 9) and most importantly, to serve as goodwill ambassadors and sources of information about the PA profession.

**EDITOR:** What are the responsibilities of the preceptor?

**DR. QUERAL:** Clinical preceptors' responsibilities are determined by guidelines

which are provided to help them understand the educational expectations of the Barry PA program. The preceptor will provide a physical location, adequate clinical space, and arrange a variety of patient encounters necessary for the learning experience for the student. They then review the clinical objectives with the student to insure that the clinical requirements are being accomplished. Preceptors also provide a minimum of 32 hours and a maximum of 60 hours per week for the student to perform clinical activities within the practice site. During the time the student is assigned to them, the preceptor is available for supervision, consultation, and teaching.

In addition to supervising, demonstrating, teaching, and observing the student in clinical activities, the preceptors also help the student to develop the necessary clinical skills in order to insure appropriate and quality patient care. Preceptors provide gradually increasing levels of responsibility in clinical identification of maladies and provide experience in clinical patient management as the student's clinical competence develops. Students are not permitted to perform work as a substitute for regular staff. The projected role of the student is discussed in advance with all personnel at the practice to avoid misunderstandings regarding student abilities and responsibilities.

**EDITOR:** How many clinical preceptors do both campuses have and where are they located?

**DR. QUERAL:** The Barry University Physician Assistant Program utilizes many clinical training sites within a sixty-mile radius (60 miles one way) of the Barry University campus for required rotations. These are often referred to as "local" rotations. However, we have a total of approximately 150 active preceptors throughout Florida and out of state. Sites more than 60 miles one-way from the Barry University campuses are often referred to as "distant" rotation sites. Distant sites within the state of Florida that provide suitable educational experiences are also utilized for required rotations in the defined rotation content areas



**Carmen Queral, Ph.D., director of clinical education, Physician Assistant Program**

when available. In instances where housing can be provided by a clinical site, a local Area Health Education Center (AHEC), or similar agency, or through grant related activities of the Barry University PA Program, students may be assigned to distant sites for required rotations.

**EDITOR:** What are the specific clinical rotations that students must take? Are there electives as well?

**DR. QUERAL:** The clinical year is composed of eight six-week rotations—seven required rotations in defined content areas, and one elective. The rotation content areas are: emergency medicine, family medicine, internal medicine, women's health, psychiatry and behavioral medicine, pediatrics, surgery, elective—any specialty of student choice.

**EDITOR:** If a physician, hospital, or PA wanted to become a preceptor how would they become involved?

**DR. QUERAL:** They are welcome to contact me at [cqueral@mail.barry.edu](mailto:cqueral@mail.barry.edu) to discuss their ability to directly supervise, observe, and teach PA students within their practice setting. In addition, they would need to understand that a student cannot be allowed to practice beyond their competency or legal authority so are therefore in a learning, rather than participatory role within the clinical setting. Preceptors are expected to perform timely chart review of the student's progress notes and history and physical

*(continued on page 10)*



# STUDENT *news*

## Barry Physician Assistant Program Graduates Tenth Class



**PA grads Santa and Laura De Oliveira, Class of 2009**

Sixty-six Physician Assistant (PA) graduates from the Barry University Physician Program class of 2008, forty-three from the Barry University campus in Miami Shores and twenty-three from the St. Petersburg University Partnership Center at the St. Petersburg College joined the more than 75,000 physician assistants eligible to practice medicine in the United States with their December 2008 graduation. The PA program celebrated its tenth convocation with ceremonies held on December 13 at the Broad Auditorium for the Miami Shores students and on December 14 at the St. Petersburg College University Partnership Center's Digitorium in Seminole, Florida.

Michael A. Chizner, MD, clinical professor of medicine for Barry's PA program and chief medical director of the Heart Center of Excellence of Broward Health delivered an inspirational address to the Class of 2008 on the Miami Shores campus as he advised the graduates that, "in spite of the dazzling new advances that have come along in medicine in recent years, nothing is as wonderful as the human heart, mind, and spirit when put to use in the service and care of others. After all, medicine is a serving profession, one that exists not for its own sake, but for the benefit and care of others."

David Johnson, PA-C, PA/ARNP Educational Coordinator at the Moffitt Cancer Center, Sarcoma Department, Tampa, made a compelling presentation as the keynote speaker for the St. Petersburg campus. "It's truly an

honor to be addressing the new graduating class of the Barry University PA Program. Your hard work and devotion has finally paid off and you are joining an elite group of 75,000 PA professionals nationally. It's now your time to get into the game, the game of medicine," Johnson advised the graduates.

The ceremony honored outstanding students including: Elizabeth Wood Moyle was presented

with the Dean's Award as the class valedictorian; Karen Theresa Hernandez received the Program Director's Award as the class salutatorian in Miami Shores and Lindsey Blankenship was the recipient in St. Petersburg; Justin Bartl in Miami Shores and John Kivler in St. Petersburg were co-awardees of the President's Award for demonstrating overall excellence which epitomizes the values of the PA profession; the Marc and Mildred Rice Memorial Award for Excellence in Pediatrics was presented to Ashika Sheth in Miami Shores and Dana Cassady in St. Petersburg based on their essay "What a Child Taught Me." Karen Theresa Hernandez was presented with the Vernon A. and Virginia M. Culver Memorial Scholarship for excellence in research analysis through the Literature Review Paper and performance in clinical epidemiology.

This year the Barry University Physician Assistant Scholarship Endowment was awarded to Jessica Cigalotti in Miami Shores and Benjamin Burtenshaw in St. Petersburg. The Jules Ross Award, a memorial to one of the PA Program's first and finest faculty members, was awarded to Jigna Patel in Miami Shores and Colleen O'Shell in St. Petersburg for demonstration of enthusiasm and excellence in community service.

The Barry University PA program has grown tremendously since its inception of the Program in 1997. The first class had 28 students and the Program now has 68 students total in each class, divided between the two campuses, and has graduated more than 350 physician assistants. Through the use of interactive videoconferencing, the Program has successfully undertaken the training of PA students on two campuses. This tenth convocation for the Program marked the second class graduating from the two campuses.

## 2009 Agnes Seminar was held at Barry University on February 21, 2009.



**FPMSA student members (l to r): Christina Barreiro, Lily Kavhari, Mary Claire-Zavada, Vinay Matai, Anthony Tacoma and Jon Marion.**



**Dr. Jacqueline Buchman with students at Agnes Seminar.**

# New Pedinol Student Resource Room and APMSA reception celebration

By Gladys Amador



**New Pedinol Student Resource Room—Barry Provost Dr. Linda Peterson; Lucila Ramirez, Pedinol senior sales representative; and Dr. John (Jack) Nelson, School of Podiatric Medicine interim dean.**

Scores of students, faculty and staff from Barry University's School of Podiatric Medicine and Physician Assistant Program celebrated a dedication and ribbon cutting ceremony honoring the opening of the Pedinol Student Resource Room. The resource room, housed at the Center for Community Health and Minority Medicine, was made possible by a generous donation of \$25,000 from Pedinol Pharmacal Inc.

More than 60 national student leaders comprised of delegates and student body presidents from the American Podiatric Medical Students' Association (APMSA) were also in attendance and held their House of Delegates Meeting in Miami.

"We are very pleased to be able to support Barry's podiatric medical students through the Pedinol Student Resource Room," said senior sales representative Lucila Ramirez, MBA. "Pedinol recognizes the importance of podiatric medicine to the health care of the nation and we believe the students are our future."

Sister Linda Bevilacqua, OP, PhD, President of Barry University, welcomed the student leaders from APMSA to the Barry campus and the new home of the School of

Podiatric Medicine, the Center for Community Health and Minority Medicine. Also joining Ms. Ramirez in the ribbon cutting ceremony was Barry's provost, Dr. Linda Peterson, and Dr. John (Jack) Nelson, interim dean of the School of Podiatric Medicine.

Guests enjoyed a tour of the new student resource room, lecture halls, and the physical diagnosis lab. David McKenzie, APMSA president and executive director, Dorothy Cahill McDonald also took part in the festivities as did Barry APMSA delegates Jenny Adams, Richard Boothby, Jon Houseworth, Brant McCartan, Jeffrey Paul, Stephen Wigley, and Martha Huertas. The APMSA is an affiliate organization of the American Podiatric Medical Association that helps in the transition from the role of student and that of practitioner.

Sister Myra Jackson, OP reminded everyone at the dedication of her blessing. Even though the Pedinol Student Resource Room is designed for studying, dining, and relaxation, students should also "experience emotional and spiritual growth."

## Money Matters

### Improving Front Office Efficiency (Part II)

Part I of our article Improving Front Office Efficiency suggested step wise protocols for checking patients into the practice and assuring that all charges for services and supplies are captured. The second and concluding article discusses the daily close to account for monies collected.

1. A Cash Log is created from a master file saved by date each day. It should be used to record all payments made in the clinic including checks, cash, and credit cards. The Cash Log is created using an Excel Spreadsheet stored on the desk top on the front office computer.
2. A sign should be posted prominently in the front office where the patient checks out stating that ALL CASH PAYMENTS REQUIRE A RECEIPT – ALL PAYMENT DISPUTES REQUIRE A RECEIPT. The signature of the person giving the receipt is required. Use a numbered receipt book with duplicate copy – one for the patient and one to be maintained on file in each clinic for at least two years.
3. At the close of each business day the appointment schedule from the front office is checked against the sign in log. There should be an encounter form for each patient on the sign in log. The encounter forms are also checked to make sure all procedure and diagnostic codes have been circled by the treating physician.
4. A deposit slip MUST be created each business day no matter how small the deposit. At the close of each business day the cash log and deposit slip are checked for accuracy. It is recommended that "one employee generate the cash log and another employee generate the deposit slip." All close outs need to be signed by the individual doing the close out in case of discrepancies.
5. At the close of each day the number of encounter forms is checked against the sign in sheet and appointment schedule, the encounter forms are screened for coding accuracy and completeness, the cash log and deposit ticket are checked for accuracy and are matched with posted EOB's to close out the Day Sheet.

A significant aspect of outsourcing billing should be to remove much of the reconciliation process from the office. Because Podiatry Billing Services acts as an extended employee of your office, we serve as a check and balance for our client. For further information contact Podiatric Billing Services at 904-731-1711.



# EVENT *news*

## Comprehensive Board Review in the Walt Disney World Resort

This year's Comprehensive Board Review will run through May 20-24th in Orlando, Florida. The Regal Sun Hotel in the Walt Disney World Resort is the hotel conference for this year's review course.

The comprehensive board review prepares podiatric physicians to take the certification examination in podiatric surgery, orthopedics and primary podiatric medicine. Relevant materials will be presented in an abridged manner due to the extensive material covered on the certification examination. Notes will be supplied in respective areas, and insight will be given on how to prepare for the oral examination. Subject material being covered is listed in the program, and physicians should be able to identify disease

processes, appropriate conservative treatment, surgical criteria, and appropriate therapeutic procedures.

Barry University School of Podiatric Medicine is approved by the Council on Podiatric Medical Education to offer recognized continuing podiatric medical education programs. This course is approved for 31 Continuing Medical Education Contact hours.

Should you require any further information please contact Urmala Roopnarinesingh at 305-899-3255, email [uroopnarinesingh@mail.barry.edu](mailto:uroopnarinesingh@mail.barry.edu) or Solange Brinson at 305-899-3266 or email [sbrinson@mail.barry.edu](mailto:sbrinson@mail.barry.edu)

The program brochure and registration form is available online at [www.barry.edu/podiatry/cme](http://www.barry.edu/podiatry/cme)



**Jacqueline Brill, DPM, Barry assistant professor of surgery and residency director at Mount Sinai Medical Center with Jossy Paschal, DPM '06 Barry University School of Podiatric Medicine perform an ultrasound on patient's foot at Bay Harbor Barry University Foot & Ankle Institute.**

## ACFAS Florida Division Sponsors Poster Competition at Barry

The Barry University School of Podiatric Medicine is pleased to announce that podiatric medical student, Brant McCartan, class of 2011 won first prize for his poster on "Efficacy of Grading Pedal Pulses" in the 2009 American College of Foot and Ankle Surgeons (ACFAS) Florida Division Student Poster Competition held during the AGNES Scientific Seminar at Barry University. Second place was awarded to Kim Wilkins, Michael Wilkins and Tim McCoy. Jackie Schwartz, Kristen Blanchet, Stephanie Bock and Kristen Diehl placed third for their poster. The scientific poster competition was designed to augment the scientific program at AGNES and encourage student research. Prize money was generously donated by the Florida Division of ACFAS.

The requirements were for the students to work in groups of three or four and to present an original research project, review and discussion of related case studies from the literature, or original case study presentation from their clinical rotations in poster format. Sixteen posters were created by the Class of 2010.

Posters were judged by three senior students from the Pi Delta Podiatric Honor Society, three judges from the podiatric community, including, Dr. John Steinberg, Dr. Nick Lutfi and Dr. Larry Aronberg and BUSPM faculty member, Dr. James Losito. The posters were praised by faculty participating in the AGNES Seminar who felt several were worthy of publication.



**Brant McCartan, first place winner.**

According to Brant McCartan, "It is an honor to receive this award. My classmates and I spent a lot of time and effort on these posters, and it was well worth it. This is a great opportunity for students to participate in research. I would like to especially thank Dr. Jacqueline Buchman, vice president of the

Florida Division of the ACFAS and BUSPM faculty member who served as faculty advisor for all posters and unselfishly gave her time and resources to ensure the event's success. I also want to thank the Florida Division of ACFAS for their generous donation. I am excited to see what the class of 2011 has to offer next year."

# DIVISION of MEDICINE *news*

## PA Faculty and Staff at St. Pete Move into New Offices

Faculty and Staff from the Barry University Physician Assistant Program's St. Petersburg campus moved to newly constructed private offices in St. Petersburg College's Health Education Center (HEC) in Pinellas Park, Florida on December 18, 2008. Barry's first year PA students had already begun their classes in the Orthotics and Prosthetics building at the beginning of the fall semester. This classroom is a brand new addition added on to the west end of the Health Education Center.

According to Terry Helopoulos, PA-C, and operations director for Barry's PA Program in St. Petersburg "we really appreciate the new offices as prior to the move the faculty and staff were

separated from the students by about 5 miles. We even contemplated videoconferencing just to remain in contact with the students," Helopoulos joked.

The PA Program in St. Pete would like to express their gratitude to the University Partnership Center at St. Petersburg College administrators who helped make the move possible including, Catherine Kennedy, associate vice president of the University Partnership Center, Carl Kuttler, President of St. Petersburg College, Dr. Phil Nicotera, Provost of the Health Education Center, and Tami Grzesikowski, Dean of the College of Health Sciences.



**(back row) Deborah Winton; Karen Francis; Whitney Clowney, PA-C; Susan Kramer, and (front row) Debbi Hanson, PA-C; Samuel Cleveland, MD; Terry Helopoulos, PA-C.**

## School of Podiatric Medicine Hosts Alumni Reception

On Thursday, January 15, the Barry University School of Podiatric Medicine and Barry University's Alumni Association hosted an alumni reception at the Caribe Royale Convention Center in Orlando, during the annual Scientific and Management Meeting of the Florida Podiatric Medical Association. The alumni reception sponsored by Dr. Bradley Bakotic, DO, DPM '92 and Bako Podiatric Pathology Services welcomed over 50 Barry alumni and more than 200 FPMA attendees to enjoy drinks and hors d'oeuvres while rekindling friendships and reconnecting with the Barry Alumni Association.

During the reception, Demetria Martin, Barry University podiatric medical student Class of 2009, was honored by Dr. James Stelnicki for being awarded the Dr. James V. Stelnicki Scholarship for Excellence in Lower Extremity Vascular Medicine. The scholarship award of \$10,000 has been applied to the tuition of Ms. Martin during her final year of podiatric medical school at Barry University.

Dr. Bradley Bakotic and Dr. Bradley Haves, DPM '90 also spoke at the event encouraging alumni to become involved in the Barry Podiatric Alumni Chapter and also giving back to the



**(L to R) Dr. James Stelnicki, Dr. Bradley Bakotic, and Dr. Bradley Haves.**

Barry University School of Podiatric Medicine with their time, talent and financial support. Dr. Bakotic has sponsored the President's and Dean's Graduation Award plaque for the last decade and serves as an adjunct clinical faculty member teaching the podiatric dermatology course to Barry podiatric students. Each year Dr. Haves participates in the phone-a-thon to raise funds from alumni for the Dr. Marvin and Ruth Steinberg Memorial Scholarship Fund



**(L to R) Dr. James Stelnicki and scholarship award winner, Demetria Martin, Class of 2009.**

and currently serves as president of the Podiatric Alumni Chapter. The School of Podiatric Medicine also announced at the reception that it will hold its 25th Anniversary celebration at the Caribe Royale Resort on Thursday, January 21, 2010. Alumni, faculty, staff, students, family, and friends of the School are invited to attend with all proceeds raised from ticket sales to benefit the Dr. Marvin and Ruth Steinberg Memorial Scholarship Fund.



# ALUMNI *news*

## Dr. Haves Elected President of Florida Podiatric Medical Association



**2009 officers of the Florida Podiatric Medical Association (L to R) Dr. Samir Vakil, treasurer, Dr. Linda Alexander, past president, Dr. Bradley Haves, president, Dr. Terence McDonald, first vice president, and Dr. Robert Iannacone, second vice president.**

Dr. Bradley Haves, DPM, a 1990 graduate of the Barry University School of Podiatric Medicine was installed on January 16, 2009 as the president of the Florida Podiatric Medical Association (FPMA) during their annual scientific and management meeting in Orlando. More than 300 podiatric physicians and their guests attended the presidential dinner.

This marked the second time a Barry University podiatric graduate has been elected as president of FPMA. Previously, Dr. Roger G. Beck, DPM '90 served as president in 2006.

Currently in private practice in Miami, Dr. Haves has served as the president of the Dade County

Podiatric Medical Society and was the first vice president of the FPMA in 2008. In addition to his professional achievements, Dr. Haves was selected as the Barry University 2008

Distinguished Alumni recipient from the School of Podiatric Medicine for his pre eminent contributions to his profession, community, and dedicated commitment to Barry University and

its mission. Dr. Haves also serves as the president of the Barry University Podiatric Alumni Chapter.

According to Dr. Haves, "I am humbled to be elected to the presidency of the FPMA. I strongly believe that you must give back to the profession which gives you your livelihood to make the profession better for future podiatric physicians and guarantee the best podiatric care for our patients."

The School of Podiatric Medicine is proud to have two other alumni elected to office with the FPMA. Dr. Terence McDonald, DPM '92 was installed as first vice president and will become president of FPMA in 2010. Dr. McDonald practices with his wife Cynthia McDonald, DPM'92 in Ft. Lauderdale and Pembroke Pines. Dr. Samir S. Vakil MS '88, DPM '91 was selected to serve as the treasurer of the FPMA. Dr. Vakil practices with the Foot and Ankle Centers of Charlotte County in Punta Gorda and Port Charlotte, Florida. He is scheduled to be installed as FPMA president in 2012.

## Barry Alum Daniel J. Howard, D.P.M., AACFAS



**Daniel J. Howard, D.P.M., AACFAS**

Dr. Howard specializes in Lower Extremity Orthopedic Trauma and Reconstructive Surgery. He has completed an advanced Fellowship training program in Complex Foot and Leg surgery through Sarasota Orthopedic Associates and Dr. Harold W. Vogler in 2003. He received his medical degree from Barry University, with his undergraduate B.S. Degree and Masters Degrees and study in electrical engineering and advanced mathematics from The University of West Florida. Dr. Howard also served as an aerospace engineer prior to medical school from his training at Purdue University. Currently he is involved with the Fellowship program in Complex Foot and Ankle Surgery in conjunction with Dr. Vogler & Sarasota Orthopedic Associates. Dr. Howard is published as a contributor in a foot & ankle surgical textbook.

Reprinted from ABC Channel 7, Health at <http://www.mysuncoast.com>, March 17, 2009.

# FACULTY *profile*

## William Demshok, PA-C, MS

### Preventive Medicine Future of Health Care Predicts Professor Demshok



**William Demshok, PA-C, MS**

As the baby boomers age, the United States will face a health care crisis of extraordinary magnitude, if we don't rapidly move to practicing preventive medicine, predicts William Demshok, PA-C, MS, director of Barry University's Physician Assistant Program and associate director of didactic education. Demshok tries to practice what he preaches as he utilizes diet, exercise, and relaxation techniques to stay in top physical shape.

According to Demshok, "Our nation spends a tremendous amount of its health care dollars on the devastating effects on patients of diabetes and cardiovascular disease. If we all practiced preventive medicine, we would all be healthier and save the health care system billions of dollars." He encourages all health care providers to make a habit of taking care of themselves. "No one does everything perfectly – including me. Small steps in the right direction can make a big difference in health."

In his spare time, Demshok enjoys biking, meditation, and vegetarian cooking. Since the 1980's he has been hiking in the Smoky Mountains near Boone and Asheville, North Carolina. He also plays guitar and piano and has recorded some of the music he has composed.

Born and raised in Miami, Demshok now lives in South Miami with his wife of six years, Sonia. She owns her own tutoring business in

math and physics. After earning a Bachelor of Science in Medicine at the University of Florida for his Physician Assistant education, Demshok volunteered as a PA for a year and a half at Community Health Incorporated (CHI) at Martin Luther Clinic, serving migrant farm workers in Homestead, Florida. This was followed by working as a PA at Camillus Health Concern in Miami, providing acute care to homeless individuals. Subsequently, he earned his Master of Science in Marriage and Family Counseling from St. Thomas University.

From 1992-2001, Demshok turned his medical attention to university employees at the University of Miami Daystar Center and then university students at the University of Miami student health center where he served as a PA. Prior to coming to Barry, he was a PA at Bascom Palmer Eye Institute working in the ophthalmology emergency room.

Demshok began his career at Barry in 2003 as an adjunct faculty member for the PA program. Currently serving as the Faculty Chair of PA admissions, Demshok interviews candidates, reviews their applications, and facilitates the application process to select the best candidates. The Barry PA program receives over 1,000

applications per year for the sixty-eight PA seats open each fall.

As the Associate Director of didactic education for the Program, Demshok updates lectures, schedules, courses, oversees testing and grading, and assists with preparation of the primary care review course. With his other hat, he serves as assistant professor of medical education, teaching surgery, preventive medicine, and lectures in the primary care review course on ophthalmology and infectious disease. He is also a physical diagnosis lab instructor for the first year students. He visits students on their clinical rotations to evaluate the students and the rotation sites. As a student advisor he assists students with academic problems. He also mentors students for their literature review paper during their final didactic semester.

The excellent camaraderie with staff members, who work as a team, a new building, eager students, and the vast amount of new and interesting things to learn about medicine, teaching and computer technology, drives Demshok's passion for working for the Barry PA program. His advice for students interested in becoming PAs is to start learning early about medicine and the PA profession. "Start shadowing PAs, work in the medical field, and study the basic sciences diligently," he advises. He feels medicine and patient care must be a love and passion to get through the many challenges of medicine today. Demshok's passion for his profession will help guide many new PA students through the rigors of their medical education.

*(continued from page 4)*

write-ups on patients seen. Written evaluation forms are provided to all preceptors by the University which must be completed and reviewed with the student before forwarding to the Program. Most important, an interested preceptor should be willing to assist the student's learning process and would need to have the ability to dialogue with PA students under their supervision, as well as faculty during site visits, in order to evaluate student's progress.

**EDITOR:** The history of medical training since antiquity has been the custom of the experienced training and the inexperienced. Medical judgment and practice is passed down through the generations in this way. How significant are preceptors to clinical education?

**DR. QUERAL:** The Barry University Physician Assistant program is committed to preparing its students to function as primary healthcare providers. An essential element for a successful clinical year is direct access to patients by the PA student under the supervision of qualified clinical preceptors. To that end, clinical rotations have been established at a variety of academic and community hospitals, public clinic and private outpatient practices, and other health care facilities. Clinical preceptors serve as voluntary adjunct faculty of the program. They draw on their personal fund of medical knowledge and clinical experience, instructing PA students in the evaluation and management of common medical and surgical problems that are often associated with degenerative disease or health maintenance related problems.



# RESEARCH *news*



**Kaloian G. Ouzounov, DPM**

the prospective clinical studies of “The Effects of Corrected Foot Pathomechanics on Golfer Performance” and “Implanted Kirschner wire for an end-to-end fusion of the Proximal Interphalangeal Joint”. The studies are ready to precede as per IRB recommendations.

In addition, third year podiatry students Martha Huertas, Martha Herrera, Brunilda Ducellari and Elina Kukuy teamed up with clinical faculty Dr. Jaqueline Buchman in the retrospective study of “Risk Factors in the Development of Onychomycosis.”

EDITOR: Has there been any inter-departmental collaboration on research projects?

DR. OUZOUNOV: As a matter of fact there are two on-going inter-departmental research projects taking place as we speak. The first is inter-departmental research between Dr. Allen

## School of Podiatric Medicine Research Activity Highlights

*Dr. Kaloian Ouzounov serves as the research director for the Barry University School of Podiatric Medicine. The editor asked Dr. Ouzounov to discuss the research activity highlights for the Barry University School of Podiatric Medicine.*

EDITOR: What new research studies are being undertaken at the School of Podiatric Medicine?

DR. OUZOUNOV: For the second time in the history of BUSPM, and almost 20 years later, a sponsored, IRB approved, clinical study is under way. Amerx Corporation is sponsoring a clinical study at the Barry University Foot and Ankle Institute clinical sites in the research of AmeriGel Wound Dressing. The study will be conducted at the four clinical sites of Barry University Foot and Ankle Institute and involves all clinical faculty members. The study is ready to be implemented immediately pending decisions from accounting and legal at Barry University.

For the first time ever since the existence of the Barry Institutional Review Board, podiatry students obtained IRB approval for clinical research projects. James Sills-Powell and Jordan Tackill, both 3rd year podiatry students, teamed up with clinical faculty members Dr. James Losito and Dr. Tom Merrill respectively in

Smith, Histology and Dr. Kaloian Ouzounov, Podiatric Medicine, on, “A Comparative Histological Analysis of Adipose Tissues in the Foot and Lower Leg.”

Secondly, there is an on-going inter-departmental research between Dr. George Fisher, Chemistry, and Dr. Kaloian Ouzounov, Podiatric Medicine, on “Local Application of Terbinafine Solution.”

EDITOR: How are you tracking research that is being conducted by faculty?

DR. OUZOUNOV: Tracking forms for faculty research have been developed. The tracking forms will be implemented quarterly to assess the basic and clinical faculty research activity level at Barry University School of Podiatric Medicine.

EDITOR: What recent papers have been published by students and faculty?

DR. OUZOUNOV:

### Published Senior Research Library Papers

Taren C., et al. (2008). Surgical excision of painful fibular sesamoid: a case report. *The Foot and Ankle Journal*, 1 (8):2.

Taren C. et al. (2008). Rubenstein-Taybi syndrome: a case report. *The Foot and Ankle Journal* 1(7): 3.

### Published Basic Faculty Research Papers

Smith, A., et al. (2008). Mucin immunohistochemistry in the diagnosis and mapping of extramammary Paget's disease. *Journal of Cellular and Molecular Medicine*, Vol. 12, No 5A, 2008 pp. 1605-1610.

Riedel, A.E., Thetford, W.H., Shaw. G.P. (2007). Innovations in medical education. *Annals of Behavioral Sciences and Medical Education*, 13 (1): 16 – 19.

Grumbles R.K., Casella G.T.B., Rudinsky M.J., Wood P.M., Sesodia, S., Bent M., & Thomas C.K. (2007) Long-term delivery of FGF-6 changes the fiber type and fatigability of muscle reinnervated from embryonic neurons transplanted into adult rat peripheral nerve. *Journal of Neuroscience Research*, 85(9); 1933 – 1942.

Grumbles R.M., Sesodia, S., Wood P.M., Thomas C.K. (2008) Neurotrophic factors improve motoneuron survival and function of muscle reinnervation by embryonic neurons (submitted).

### Published Clinical Faculty Research Papers

Albert A. (2008). Modification of the Total Contact Cast (*Journal of the American College of Certified Wound Specialists*, under review, submitted 11/2008)

Albert A. 2008. Synovial Sarcoma: A Case Report (*Clinics of Podiatric Medicine and Surgery*, 2008)

# Barry Podiatric Grad Sibling Doctors Together in Practice

By Alex Tiegen

The three brothers seated in an office of the medical building on Ocean Boulevard share memories of growing up in Martin County and a fondness for the community.

Joe, Paul and John Jr. Schoppe, whose father has been a Stuart podiatrist since 1969, spent their childhood in Sewall's Point and played with children of other medical professionals.

And after time in South Florida, the Keys and Arizona, the three second-generation podiatrists returned to raise their families in the county where they grew up.

"It gave us a lot," said Joe Schoppe, 38, the oldest. "It made us who we are."

The three Schoppe brothers have combined their practices in the Ocean Medical Center in Stuart, which opened Feb. 24. The Family Foot and Ankle Clinic is in the building at 2220 S.E. Ocean Blvd.

All three brothers completed their graduate work at Barry University, where they used each others' notes and old tests to study.

When asked why his brothers entered the same medical field as him and his father, Joe Schoppe gave the answer one would expect to hear from an elder sibling.

"The truth is, they've always idolized me," he joked.

The brothers completed surgical residencies in various places before returning to Stuart.

Joe Schoppe completed a residency at Miami VA Health Care System and Jackson Memorial Hospital in Miami. He went into practice with his father in 2000. Paul Schoppe, 35, completed his residency at St. Luke's Medical Center in Phoenix and returned to Stuart in 1999. John Schoppe Jr. completed his residency at Palmetto General Hospital in Hialeah and returned to Stuart in 2004 after working in the Keys. All had



**Barry Podiatric Grad Siblings: John Schoppe Jr., DPM '99; Joseph Schoppe, DPM '97; Dad, Dr. John "Jack" Schoppe, and Dr. Paul Schoppe, DPM '98**

separate offices in the area before opening an office together.

Now, their dad is considering making it four Schoppes in one office.

Schoppe Sr. said he was glad when each of his sons decided to be a podiatrist.

"I knew they would be very happy in life," he said.

Reprinted from Treasure Coast and the Palm Beaches at <http://www.tcpalm.com>

## IMPORTANT DATES

### ■ MAY 20-24, 2009

School of Podiatric Medicine  
Comprehensive Board Review (31CMEs)  
Regal Sun Resort, Orlando, Florida  
Contact: Solange Brinson 305-899-3266  
Online registration available:  
[www.barry.edu/podiatry/cme](http://www.barry.edu/podiatry/cme)

### ■ JULY 2, 2009

School of Podiatric Medicine Class of 2011  
Rite of Passage Ceremony, 5:00 pm – 7:00 pm  
Barry University Campus, Broad Center  
Contact: Bob McKinlay 305-899-3283

### ■ AUGUST 21, 2009

Physician Assistant Rite of Passage Class of 2011  
White Coat Ceremony 3pm – 6:00pm  
Conducted via video-conferencing  
Broad Auditorium, Miami Shores Campus  
University Partnership Center Digitorium  
Contact: Valerie Williams 305-899-3293

### ■ AUGUST 27, 2009

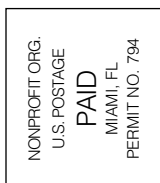
Physician Assistant Rite of Passage Class of 2010  
Miami Shores Cohort  
White Coat Ceremony, 6pm – 9:00pm  
Broad Auditorium  
Barry Miami Shores Campus  
Contact: Valerie Williams 305-899-3293

### ■ AUGUST 28, 2009

Physician Assistant Rite of Passage Class of 2010  
St. Petersburg Distant Campus Cohort  
White Coat Ceremony, 6pm – 9:00pm  
University Partnership Center Digitorium  
St. Petersburg College  
Contact: Debbie Winton 727-302-6602

### ■ JANUARY 21, 2010

School of Podiatric Medicine  
25th Anniversary Celebration, Orlando, Florida  
Contact: Bob McKinlay 305-899-3283



SCHOOL OF PODIATRIC MEDICINE

11300 NE Second Avenue  
Miami Shores, FL 33161-6695